



# Medinah Park District

Autumn 2026

**Registration Begins July 27**  
**Register Online at [Medinahparks.org](https://Medinahparks.org)**

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Be sure to  
check our website  
regularly for updated  
and new programs. We're  
always adding exciting  
opportunities for our  
community!



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22W130 Thorndale Avenue  
Medinah, Illinois 60157  
Phone 630-893-2560  
[www.Medinahparks.org](http://www.Medinahparks.org)

## Connolly Recreation Center Autumn Hours

**September 1- December 31, 2026**

**Administrative Office Hours:**  
Monday-Friday 8:30 am-5:00 pm

**Facility & Fitness Center Hours:**  
Monday-Thursday 7:00 am-9:00 pm  
Friday 7:00 am-8:00 pm  
Saturday 7:30 am-12:00 pm  
Sunday Closed

**Recreation Center Closed:**  
Sep 7, Nov 26, Dec 25, Jan 1

**Online registration is available 24/7!**  
**Visit the Park District online at**  
**[www.Medinahparks.org](http://www.Medinahparks.org)**

## Board of Park Commissioners

Jaclyn Scafidi .....President  
Matt McAlevy .....Vice President  
Gokhan Cukurova .....Treasurer  
Alyssa Neitzke .....Commissioner  
Irene Jarocinski .....Commissioner

## Staff

**Administration Department**  
Maria Piworski (CPRP), Executive Director.....Maria@medinahparks.org  
Dan Touzios (CPSI), Deputy Director & Safety Coordinator  
.....Dan@medinahparks.org

**Recreation Department**  
Brooks Wogelius, Recreation Supervisor .....Brooks@medinahparks.org  
Laura Reilly, Recreation Supervisor.....Laura@medinahparks.org  
Marissa Nowotarski, Early Childhood Coordinator.....Marissa@medinahparks.org  
Hope Rapp, Front Office Coordinator.....Hope@medinahparks.org  
Maria Ameneiro, Front Office Coordinator.....Mameneiro@medinahparks.org

**Parks Department**  
Vince DeGrado (CPSI), Superintendent of Parks.....Vince@medinahparks.org  
Jeremy Weres, Park Specialist I.....Jeremy@medinahparks.org

CPRP - Certified Park and Recreation Professional  
CPSI - Certified Playground Inspector

## Medinah Park District Board Meetings

The public is invited and encouraged to attend all Board meetings. Meetings are held at the Connolly Recreation Center at 6:30 pm on the following dates:

**Wednesdays: Sep 16, Oct 21, Nov 18, Dec 16**

For more information or to get involved with the Park District, please call 630-893-2560. Notices of all public meetings are posted in the entrance vestibule of the Connolly Recreation Center. Please check our website for additional meeting postings or changes.

**Program dates are subject to change. Visit us online for the latest information.**

## Periodical Publication

Autumn 2026  
Medinah Park District  
Tri-Yearly Publication  
Issue #26-3

**Key** The following abbreviations indicate information pertaining to specific programs or services.

**Co-operative Program = C**  
**Parent/Child Program = PC**

## Program Contacts

The initials below indicate the name of the staff person in charge of each program. Feel free to contact staff with any questions.

**Brooks Wogelius = (BW)**  
**Laura Reilly = (LR)**

## Mission and Vision Statement

### The Mission of the Medinah Park District is to:

- Enhance the Quality of Life of the Park District Community
- Promote Sound and Effective Use of Park District Resources
- Provide Safe and Enjoyable Opportunities
- Preserve and Maintain Open Space

### Our Vision Statement:

To consistently deliver a broad range of safe, healthy, educational, inclusive and fun-filled recreational opportunities for our communities, neighbors and guests.

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## Letter from the Executive Director

Dear Medinah Park District Patrons,

Fall is upon us, and with the season comes an exciting array of programs and events from the Medinah Park District. Be sure to mark your calendars for our annual Harvest Fest on Saturday, October 3rd. There will be something for every member of the family to enjoy, including food vendors, live entertainment, and activities for all ages. Don't miss the annual Color Run, which continues to be a favorite among our younger participants.

Children and teens can sign up for our soccer and basketball leagues, while families with younger children may be interested in our Preschool and Playschool programs. Adults are encouraged to explore our fitness offerings, including Tai Chi, Zumba, and Stretch Infusion classes.

At the Medinah Park District, we are committed to enhancing the quality of life within our community by providing diverse programs, activities, and events for residents of all ages. Whether you are trying something new, connecting with neighbors, staying active, or spending quality time with family, there is something for everyone to enjoy.

Thank you for being a valued part of the Medinah Park District community. We hope you take advantage of all that this fall season has to offer and enjoy the beauty of the season.

Sincerely,

Maria Piworski  
Executive Director  
Medinah Park District

## Thank You To Our Volunteers and Sponsors

The Medinah Park District wishes to express our deep appreciation to those who have volunteered their time and talents and/or sponsored our various programs and special events. We are forever grateful for your commitment to the Medinah community and the Park District. Your support increases opportunities for all Park District patrons.

If you or a business you know would like to become a sponsor of the Medinah Park District, we'd love to hear from you! Sponsorship opportunities are available to help support our programs, events, and youth athletics. Please contact our Recreation Supervisors, Brooks or Laura, for more information. Thank you for supporting our community!

### Volunteers

Jamie Hornsby  
Alex Guida  
Sebastian Skogsberg  
Lucas Hoberg  
Samuel Hoberg  
Jessica Ross  
Craig Wogelius  
Jessica Wogelius  
Alyssa Neitzke  
Roselle-Medinah Softball Base-  
ball Organization  
Scout Troop 95  
Medinah School District PTO

### Spring Soccer

U6 coach: Christian Perez  
U8 coach: Alyssa Neitzke  
U10 Coach Team 1: Alyssa  
Neitzke, Ian Neitzke  
U10 Coach Team 2:  
Mike Aguirre, Manny Loeza  
U12 coach team 1:  
Don Pelaez, Juan Pelaez  
U12 coach team 2:  
Emma Allen

### T-ball

Coach: Rhegan Roderweiss

### Soccer Sponsor

Schwartz Pediatrics

### Sponsors Invited!

The Medinah Park District invites you to partner with us and connect with an audience that is waiting to meet you!

Learn how to become a  
sponsor at  
[Medinahparks.org](http://Medinahparks.org)



Learn how you can make a difference  
by volunteering! Visit [Medinahparks.org](http://Medinahparks.org)

## Medinah Park District Rentals

Host your next event at the  
Medinah Park District!

**Birthday Parties • Baby Showers  
Gender Reveal Parties  
Staff Events • Bridal Showers  
Graduation Parties • Retirement Parties**

**Any other ways that our spaces  
can fit your needs!**

### Connolly Recreation Center

**Gymnasium** – 200 person max capacity  
\$35(R)/\$50(NR) – Half Court / \$65(R)/\$80(NR) – Full Court

**Walnut Room** – 80 person max capacity  
\$50/hour Resident, \$65/hour Non-Resident

**Maple Room** – 40 person max capacity  
\$40/hour Resident, \$55/hour Non-Resident

**Oak Room** – 20 person max capacity  
\$30/hour Resident, \$45/hour Non-Resident

**Kitchen Use** – (refrigerator, microwave, convection oven,  
and ice machine)  
-\$15 flat fee with rental of any above rooms

Up to 100 chairs and 20 tables are available for all renters.  
Set-up of tables and chairs are the responsibility of the renter.

### Thorndale Park

#### Pavilion

Thorndale Park North – Picnic tables, electricity  
Thorndale Park South – Beach volleyball courts, Bags set  
\$25/hour Resident, \$40/hour Non-Resident

#### Fire Pit

\$15/hour Resident, \$30/hour Non-Resident  
\$15 flat fee with Pavilion Rental

#### Athletic Field/Tennis Courts

\$35/hour Resident, \$40/hour Non-Resident

Interested renters should complete and submit a Facility Rental  
Application Form. Forms can be found on the Rental page at  
[www.Medinahparks.org](http://www.Medinahparks.org) or at the Connolly Recreation Center.

Reservations must be made at least two weeks in advance. A \$50 non-refundable reservation fee and application is required to reserve a date and space. There is a 2-hour time minimum for all rentals. Full payment and credit card authorization form are due at least two weeks prior to rental date. For indoor rentals, a \$20 per hour additional fee will be charged for any rental time outside of Connolly Recreation Center normal operating hours. Call 630-893-2560 or visit [www.medinahparks.org](http://www.medinahparks.org) for more information.



Gymnasium



Walnut Room



Maple Room



Oak Room

## Concert Series in the Park

Join the Medinah Park District for our  
**final FREE outdoor family concert of the year!**  
Bring your family and friends to Thorndale Park for this evening of  
spectacular music. Don't forget the lawn chairs, blankets, and picnic baskets!

**Wednesday, August 5 from 6:30-8 pm  
at Thorndale Park**



#### Circle of Fifths

The Circle of Fifths' song list combines classic rock hits  
along with danceable/party tune favorites.

The band's three lead singers with outstanding vocal  
harmonies, their skillful musicianship and infectious,  
crowd-pleasing performances, make Circle Of Fifths  
a great live music experience. Circle Of Fifths  
has been playing shows throughout the  
Chicagoland area since 2012.

### Bingo and Giving! (BW)

#### Ages 21+

Who doesn't love Bingo? Gather your friends and  
family and head over to the Connolly Recreation  
Center for an exciting evening of classic Bingo fun!  
Enjoy laughs, lighthearted competition, and a chance  
to win great prizes. This isn't just a night of games –  
it's also an opportunity to give back. We're proud to  
support the Roselle UMC Community Food Pantry,  
and we encourage attendees to bring canned  
goods or non-perishable food items. Your generous  
donations will go directly to helping families in our  
local community. Let's come together for a night of  
fun, connection, and kindness. See you there!

**Location** Connolly Recreation Center-Walnut Room  
**Fee** Free  
**Min/Max** 4/12

**Code** 4060100 **Day** Wed **Date** Sep 9 **Time** 5-6:30 pm



# COLOR FUN RUN!

**Friday, September 18**  
**5:30-7 pm\***  
*\*Run starts promptly at 6 pm*

**Ages 3+ (LR)**

Embrace the vibrant side of life with our exciting 9th Annual Color Run. Join us for an evening filled with color and fun. Bring your family and friends to partake in the festivities.

Your participation fee covers multiple loops around the mile course. Additionally, each participant will receive a t-shirt, stylish sunglasses, and \*two color packets to enhance the colorful experience. Let's make this event a blast - we can't wait to see you there!

|                 |                              |
|-----------------|------------------------------|
| <b>Location</b> | Thorndale Park               |
| <b>Min</b>      | 100                          |
| <b>Code</b>     | <b>Fee</b>                   |
| 4080100-01      | \$20                         |
| 4080100-02      | \$5 additional color packets |

**Registration Deadline:** Sep 16





## THERAPY DOG STORYTIME (BW)

**Families**

Is your child a fan of reading aloud and dogs? We invite you to join us at the Medinah Park District, where a wonderful opportunity awaits! Plenty of therapy dogs will be on hand, eagerly awaiting the chance to be pet and listen to your child read. Please bring along your child's favorite book to share with our furry friends.

This program promises a heartwarming and literacy-rich environment, where children can enhance their reading skills while bonding with therapy dogs.

|                 |                            |             |              |
|-----------------|----------------------------|-------------|--------------|
| <b>Location</b> | Connolly Recreation Center |             |              |
| <b>Fee</b>      | Free                       |             |              |
| <b>Code</b>     | <b>Day</b>                 | <b>Date</b> | <b>Time</b>  |
| 4080401-01      | Tue                        | Sep 15      | 4:45-5:30 pm |
| 4080401-02      | Tue                        | Oct 20      | 4:45-5:30 pm |
| 4080401-03      | Tue                        | Nov 17      | 4:45-5:30 pm |



## Medinah 'Tween' Scene (BW)

For grades 3-6

Medinah students come enjoy night full of fun! Activities will include music and open gym. Pizza from Pizza Napoli, pop and candy available for purchase at our concession stand. Parents **must** enter the building to sign participants in and out. Participants will pay at the door. Dress and conduct codes will be enforced.

|                 |                            |             |
|-----------------|----------------------------|-------------|
| <b>Location</b> | Connolly Recreation Center |             |
| <b>Fee</b>      | \$5                        |             |
| <b>Day</b>      | <b>Date</b>                | <b>Time</b> |
| Fri             | Aug 28                     | 6-8 pm      |
| Fri             | Sep 25                     | 6-8 pm      |
| Fri             | Oct 30                     | 6-8 pm      |



SAVE THE DATE!

# Harvest Fest!

**Saturday, October 3**  
**12:00-4:00 pm**  
**Thorndale Park**

Join us in celebrating the 6th annual Harvest Fest event at Thorndale Park! Immerse yourself in a day filled with live entertainment, engaging games, delectable food, and a diverse array of community vendors.

**Stay tuned for more information on our website, social media and email.**



## HALLOWEEN BASH! (BW)

**Friday, October 23**  
**6:00-8:00 pm**

For All Ages  
 Connolly Recreation Center

Fee \$12(R)/\$18(NR) per child  
 Ages 2 and under FREE admission

Code 4080100

Get ready for a fun-filled Halloween night! Bring the whole family and enjoy tons of exciting activities.

Pick your perfect pumpkin from the patch and, if you're feeling brave, take a spooky hayride through our haunted trail! Don't miss out on a night full of laughs, chills, and unforgettable memories!

- Games
- Contests
- Live entertainment
- S'mores by the fire



## TRUNK OR TREAT (BW)

**Wednesday, October 28 - 6-7:30 pm**  
 Connolly Recreation Center Parking Lot  
**FREE for all ages!**

Get ready to celebrate Halloween in a safe, community-centered environment where creativity and festive spirits come alive. Stroll through our parking lot transformed into a magical Halloween wonderland with creatively decorated car trunks. Each trunk will offer a unique theme, from spooky to silly, ensuring a delightful surprise for every visitor. Don't forget to bring a treat bag! If you'd like to decorate your trunk and participate in the candy distribution, please register by October 23rd by emailing [brooks@medinahparks.org](mailto:brooks@medinahparks.org). Bring your family, friends, and neighbors for a night of Halloween fun you won't want to miss.

**We can't wait to see you there!**





**NEW!**

## Cast Iron Cooking 101

(Master the Campground)

**Ages 6+**

Join us for a fun-filled evening of good-ol' cast iron cooking around the campfire! Learn about different recipes, cooking techniques, equipment, and care instructions for your cast iron. Participants and instructors will cook a campfire meal together as part of the program. The cost of the program includes instruction and meal for one person.

|                   |                  |             |             |
|-------------------|------------------|-------------|-------------|
| <b>Location</b>   | Thorndale Park   |             |             |
| <b>Instructor</b> | MPD Staff        |             |             |
| <b>Min</b>        | 10               |             |             |
| <b>Fee</b>        | \$35(R)/\$45(NR) |             |             |
| <b>Code</b>       | <b>Day</b>       | <b>Date</b> | <b>Time</b> |
| 4080460           | Fri              | Oct 9       | 6-8pm       |



## Pizza With Santa

**Friday, December 11**  
**5:30-7:30 pm**  
**Connolly Recreation Center**  
**For Families**  
**Fee \$12(R)/\$18(NR) per child**  
**Code 4080110**

The Medinah Park District and Medinah School District #11 PTO have organized a delightful holiday evening for the whole family. Enjoy a visit with Santa and share a pizza meal with him! Santa himself has picked Pizza Napoli as the perfect dinner to share a meal with families. Be sure to wear warm clothes and boots for our outdoor Candy Cane hunt before dinner. The evening will also feature photo opportunities with Jolly Old Saint Nick, crafts, activities, music, and a PTO Bake Sale.



## Puzzle Party (BW)

**Ages 21+**

Get your team together for a puzzle-solving competition! Teams of 2-4 will race to complete a customized puzzle. Winning team will receive prizes including a 1-year Medinah Park District fitness membership for free! Bring your favorite snacks and drinks (beer and wine is allowed).

|                   |                             |             |              |
|-------------------|-----------------------------|-------------|--------------|
| <b>Location</b>   | Connolly Recreation Center  |             |              |
| <b>Instructor</b> | MPD Staff                   |             |              |
| <b>Fee</b>        | \$25(R)/\$35(NR) per person |             |              |
| <b>Min/Max</b>    | 4/40                        |             |              |
| <b>Code</b>       | <b>Day</b>                  | <b>Date</b> | <b>Time</b>  |
| 4060110           | Fri                         | Nov 20      | 6:30-8:30 pm |

**Registration Deadline:** Nov 16

## GINGERBREAD HOUSE MAKING (BW)

**Tuesday, December 15**  
**5:30-6:30 pm**  
**Connolly Recreation Center**  
**Walnut Room**  
**Ages 3-12**  
**Fee \$12(R)/\$15(NR)**  
**Code 4040110 Min/Max 5/10**

Embrace the festive cheer and enjoy some merry-making! Craft your own Gingerbread Houses, brimming with holiday joy, using all the perfect ingredients that would even impress Santa Claus himself! All materials will be provided, so bring along your imagination and let the fun begin!

A gingerbread house decorated with colorful icing and candy. It has a red roof, yellow walls, and a green heart on the door. There are also some white icing decorations.



### Santa’s Calling (BW)

All Ages

Santa Claus will be reaching out to children to hear their Christmas wishes! To schedule a call with Santa, drop by the Park District between November 13 and December 15, 2025, to complete Santa’s “checklist” (one per child).Or email, [brooks@medinahparks.org](mailto:brooks@medinahparks.org) to receive Santa’s checklist via email. **Calls will be made Wednesday, December 16** between 3:45-6:45 pm.

## A Magical Evening with the Polar Express Conductor & Friends (BW)

Thursday, December 3  
5:30-6:30 pm  
Connolly Recreation Center Walnut Room  
Ages 3-12  
Fee \$10(R)/\$18(NR)  
Code 4040100

The Conductor of the Polar Express, along with Mr. Claus’ reindeer-in-training, will make a special visit to the Connolly Recreation Center. Enjoy listening to the timeless tale of the “Polar Express,” create holiday crafts, and take photos with the reindeer-in-training. Cookies and hot chocolate will be provided, but remember the Conductor’s most important rule: never ever let it cool! **Pre-registration is required.**



## Little Scholars: Preschool 2026–2027 (BW)

Our program offers a warm, secure, and engaging environment for early learners. Through a semi-structured approach, we support socialization, self-confidence, and fine and gross motor development. Children build readiness for pre-kindergarten and kindergarten at their own pace through hands-on play, crafts, stories, music, and special activities—fostering a lifelong love of learning and a positive attitude toward school.

**New for This Year – Extended Program Hours!** We are excited to offer a **3.5-hour daily program**, thoughtfully designed to better support your child’s academic and social development. The extended day provides more time for enriched learning experiences, creative exploration, and meaningful peer interaction—helping to lay a strong, well-rounded foundation for future success.

**A \$30 non-refundable deposit is required at time of registration for the 2026-27 school year.** Registration fees are paid in monthly payments during the year (see payment schedule below).

**Location** Connolly Recreation Center-Carol A. Healy Early Childhood Room  
**Instructor** Marissa Nowotarski

**Age** 3 & 4 years (3 days a week)  
**Fee** \$248 per month (R)/ \$263 per month (NR)  
**Min/Max** 6/12

| Code    | Day         | Date                | Time          | Age   |
|---------|-------------|---------------------|---------------|-------|
| 4030301 | Mon/Wed/Fri | Aug 17-May 14, 2027 | 9:00-12:30 am | 3 & 4 |

**Age** 3 & 4 years (5 days a week)  
**Fee** \$327 per month (R)/ \$342 per month (NR)  
**Min/Max** 6/12

| Code    | Day     | Date                | Time          | Age   |
|---------|---------|---------------------|---------------|-------|
| 4030302 | Mon-Fri | Aug 17-May 14, 2027 | 9:00-12:30 am | 3 & 4 |

**Monthly payments will automatically be charged the 17th of each month from August 2026 to April 2027.**



### Little Scholars: Early Childhood Enrichment (BW)

Ages 2-3

This program is perfect for children who aren’t quite ready for preschool but are eager for social interaction away from parents. Through songs, stories, shapes, and playtime, your child will enhance their social skills while exploring, discovering, and learning in a fun environment. They’ll gain confidence in a “school” setting. Pull-ups are allowed, but a parent or caregiver must be available for any necessary changes. A \$30 non-refundable deposit is required at time of registration for the 2026-27 school year. **Monthly payments will automatically be charged the 17th of each month from August 2026 to April 2027.**

**Location** Connolly Recreation Center-Walnut Room  
**Instructors** Early Childhood Staff  
**Fee** \$175 per month(R)/\$190 per month (NR)  
**Min/Max** 5/12

| Code    | Day         | Date                | Time          |
|---------|-------------|---------------------|---------------|
| 4020303 | Mon/Wed/Fri | Aug 24-May 21, 2027 | 9:00-11:00 am |



### Park District Youth Program License Plates



The sale and subsequent renewals of each plate generates \$25 for the PowerPlay Beyond School Grant Program, which funds youth programs in park and recreation agencies throughout Illinois. The goal of the PowerPlay program is to increase the number of opportunities designed to show youth the lifelong benefits of fitness, health and nutrition.

Park District Youth Program plates also may be requested through Pick-a-Plate at [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com). For more information, call 217-785-5215, or visit [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com).

## “POWER THROUGH” Before & After School Care (BW)

### Entering Kindergarten-5th Grade

Medinah Park District (in cooperation with Medinah School District #11) offers “Power Through” Before & After School Care to Medinah Residents. The program is available for students attending Medinah Primary School and Medinah Intermediate School. The program will be held in the gym and/or classrooms at Medinah Primary School. Transportation to and from the appropriate schools will be provided by school bus (applicable for students in Grades 3-5). Program hours are 6:30 am until school begins and from the end of school until 6 pm.

Our goal is to provide a safe, fun, friendly, inclusive, and structured before and after school environment. The program will encourage a balance of healthy minds, bodies and personal growth/development through activities. The program will encourage participants through scheduled activities to achieve this balance.

The program will follow the Medinah School District #11 non-attendance days. The Medinah Park District will offer School Days off programs that are not included in this program’s fee (separate registration and fee).

**Payment information:** Payments are divided equally among the months with days off in consideration.

**\*Monthly payments will automatically be charged the 19th of each month from August 2026 to April, 2027.**

**Before Care:** \$263 per month  
**After Care:** \$357 per month  
**Before & After Care:** \$539 per month

**Location** Medinah Primary School-Gym/Classrooms  
**Instructor** MPD Staff  
**Min/Max** 10/20

| Code    | Day     | Date               | Time                      |
|---------|---------|--------------------|---------------------------|
| 4040301 | Mon-Fri | Aug 19-Jun 4, 2027 | 6:30-8:15 am              |
| 4040302 | Mon-Fri | Aug 19-Jun 4, 2027 | 3:15-6:00 pm              |
| 4040303 | Mon-Fri | Aug 19-Jun 4, 2027 | 6:30-8:15 am/3:15-6:00 pm |



### Key

Co-operative Program = **C** Parent/Child Program = **PC**

[www.medinahparkdistrict.org](http://www.medinahparkdistrict.org)

## Baby Rock / Tot Rock / Kid Rock I & II (BW)

### Baby Rock **C** **PC**

**Ages 3-15 months (non-walkers) w/ parent**

Wiggle and giggle with us! Baby Rock is a unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby! Activities will include sing alongs, exposure to simple instruments and sensory props, motion exercises, bubbles, and more! Get ready for a rockin' good time with your tiniest dancer! [www.rockitkids.com](http://www.rockitkids.com)

**Location** Connolly Recreation Center-Maple Room  
**Instructor** Rock 'n' Kids, Inc.  
**Fee** \$46(R)/\$61(NR)  
**Min/Max** 3/10 per district

| Code       | Day | Date          | Time           |
|------------|-----|---------------|----------------|
| 4010600-01 | Mon | Aug 31-Sep 28 | 10:40-11:10 am |
| 4010600-02 | Mon | Oct 5-26      | 10:40-11:10 am |
| 4010600-03 | Mon | Nov 9-Dec 7   | 10:40-11:10 am |

**No Class:** Sep 7, Nov 23



### Tot Rock, Kid Rock I & II **C**

Sing, dance, play, learn, and imagine with us! This movement-based program uses music to facilitate learning. Activities include use of rhythm instruments and movement props, work on gross and fine motor skills, including balance and coordination, and engagement of imaginative play. All classes are structured and include early listening and following directions skills. Join us for a rockin' good time! [www.rockitkids.com](http://www.rockitkids.com)

**Location** Connolly Recreation Center-Maple Room  
**Instructor** Rock 'n' Kids, Inc.  
**Min/Max** 4/10 per district

### Tot Rock! **C** **PC** **Ages 12-30 months old w/ parent**

**Fee** \$51(R)/\$66(NR)

| Code       | Day | Date          | Time      |
|------------|-----|---------------|-----------|
| 4020601-01 | Mon | Aug 31-Sep 28 | 9-9:40 am |
| 4020601-02 | Mon | Oct 5-26      | 9-9:40 am |
| 4020601-03 | Mon | Nov 9-Dec 7   | 9-9:40 am |

**No Class:** Sep 7, Nov 23

### Kid Rock I & II **C** **PC** **Ages 2-5**

**Fee** \$51(R)/\$66(NR)

| Code       | Day | Date          | Time          |
|------------|-----|---------------|---------------|
| 4020602-01 | Mon | Aug 31-Sep 28 | 9:45-10:25 am |
| 4020602-02 | Mon | Oct 5-26      | 9:45-10:25 am |
| 4020602-03 | Mon | Nov 9-Dec 7   | 9:45-10:25 am |

**No Class:** Sep 7, Nov 23

**Kid Rock II (3-5 year olds w/out parent)**

| Code       | Day | Date          | Time           |
|------------|-----|---------------|----------------|
| 4030603-01 | Mon | Aug 31-Sep 28 | 11:20 am-12 pm |
| 4030603-02 | Mon | Oct 5-26      | 11:20 am-12 pm |
| 4030603-03 | Mon | Nov 9-Dec 7   | 11:20 am-12 pm |

**No Class:** Sep 7, Nov 23



Adult-Tot Football (LR) C PC

Ages 2-3

Using basic football games and activities, player develops early football skills in this non-contact class while gaining confidence, coordination, and motor skills with a focus on having fun! The program uses age-appropriate drills and exercises to teach players proper stance, passing, catching, running and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork.

|            |                                                                          |               |           |
|------------|--------------------------------------------------------------------------|---------------|-----------|
| Location   | Clauss Recreation Center-Soccer Fields<br>555 W. Bryn Mawr Ave., Roselle |               |           |
| Instructor | Hot Shots Sports                                                         |               |           |
| Fee        | \$80(R)/\$85(NR)                                                         |               |           |
| Min/Max    | 6/15                                                                     |               |           |
| Code       | Day                                                                      | Date          | Time      |
| 4030502-01 | Sat                                                                      | Sep 12-Oct 17 | 9-9:30 am |
| 4030502-02 | Sat                                                                      | Nov 7-Dec 19  | 9-9:30 am |

No Class: Oct 3, Nov 28

Pee-Wee Soccer (LR)

Ages 3-5

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills, and communication. The program uses age-appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting, and more.

|            |                |               |              |
|------------|----------------|---------------|--------------|
| Location   | Soccer Fields  |               |              |
| Instructor | Coach Joseluis |               |              |
| Fee        | \$80(R)/\$85   |               |              |
| Min/Max    | 4/15           |               |              |
| Code       | Day            | Date          | Time         |
| 4030503    | Tue            | Sep 19-Oct 20 | 5:00-5:45 pm |

Reading with Robots (BW)

Ages 4-5

It's story time with a twist! Once upon a time..."Pete the Cat" meets our robot Bee Bot. "Give a Mouse a Cookie" with Colby the robot and many more adventures. This fun hands-on class will feature a different story and robot every week. Children will learn to program and code a robot to create their own exciting adventure!

|            |                                     |                 |                   |
|------------|-------------------------------------|-----------------|-------------------|
| Location   | Connolly Recreation Center-Oak Room |                 |                   |
| Instructor | Computer Explorers Staff            |                 |                   |
| Fee        | \$60(R)/\$75(NR)                    |                 |                   |
| Min/Max    | 6/8                                 |                 |                   |
| Code       | Day                                 | Date            | Time              |
| 4030470    | Wed                                 | Oct 21 – Nov 11 | 11:35 am-12:20 pm |



More  
Early  
Childhood  
Programs

Please see additional programs for the Early Childhood age group on other pages throughout this brochure.

Preschool/Early Childhood Enrichment – Ages 2-4.....pg 15

Dance – Ages 3+ ..... pgs 19-21

Little Sluggers T-Ball – Ages 4-6 .....pg 26

Lil’ Dribblers – Ages 4-6..... pg 26

Pee Wee Flag Football – Ages 4-7 .....pg 26

Youth Fall Soccer – Ages 4+ ..... pg 29

Shotokan Karate – Ages 4-Adult..... pg 31

Medinah Park District

School of Dance (BW)



Connecting communities to creative arts--that is what we do at Innovation Arts Connection! Our progressive curriculum focuses on dance concepts and core techniques as well as teaching the importance of respect, positive attitude and hard work. In our classes students will develop grace, rhythm, coordination, creativity, and confidence in a fun, safe and structured environment. IAC's dance classes offer stability, a sense of community, socialization and structure. We look forward to seeing you in class!

Innovation Arts Connection, LLC collaborates with local Chicagoland park districts. For more information about the IAC program including class expectations, dress code, pandemic procedures and more, please visit [www.innovationartsconnection.com](http://www.innovationartsconnection.com) or find us on Instagram or Facebook @innovationartsconnection.

Park Studio Classes

The Park Studio program track is a studio program designed around the Park District community culture. This track is for dancers of all ages and experience levels who are looking for a progressive session and higher commitment level. Class will include 1 family observation and 1 in class holiday performance. NEW THIS YEAR: PAYMENT PLANS AVAILABLE!!! Within this program, participants can engage in core studio-level dance classes. All park studio classes are held at Medinah Park District's Connolly Recreation Center. In the event of inclement weather, classes will be held virtually on Zoom.

**Discover Dance With Me Walking-6yrs + Caregiver Participation** – Explore the joy of movement with your child and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle activities, open exploration, and gross motor development exercises, children will blossom with class as they grow with their caregiver during this precious time together. Every session will include a live read story. Please wear comfortable, form-fitted clothing and bare feet. Guardian participation required! Fun for the whole family!

**Discover Ballet** – This class is designed for beginner ballerinas. Classes include stretches, barre work, class etiquette, basic technique, games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet shoes.

**Dance I** – Dance I is a 45-minute weekly class designed for preschool and kindergarten aged dancers. In this class we will focus on ballet technique. Classes include stretches, class etiquette, basic technique, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet shoes.

**Dance II** – Dance II is a 60-minute weekly class designed for early elementary aged dancers. In this class we will continue to learn ballet technique and introduce tap technique as well. Classes include stretches, class etiquette, basic-intermediate technique in ballet & tap, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet & tap shoes.

**Dance III** – Dance III is a 90-minute weekly class designed for upper elementary aged dancers. In this class we will continue to learn ballet & tap technique and we will introduce jazz technique as well. Classes include stretches, barre work, class etiquette, basic-intermediate technique of each style, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

**Dance IV** – Dance IV is a two-day a week class that meets on Mondays and Thursdays and is designed for middle-high school dancers. On Mondays dancers will do a full ballet barre, learn intermediate-advanced ballet technique and work on choreography. On Thursdays dancers will do a full strength & conditioning session, and learn beginning-advanced Jazz & Tap technique. We will also introduce some lyrical, contemporary and hip hop skills as well. This is the perfect class for older dancers looking to excel in dance in a well rounded way. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

**Pre-Pointe** – This class is an additional class dancers in Dance IV can take. In this class dancers will learn exercises to build strength, flexibility and coordination in their ankles and feet with the goal of getting pointe shoes. As dancers progress in class they will level up to wearing pointe shoes with the recommendation of their teacher and approval from their doctor. Dancers must have at least 2 years of ballet training and must be currently enrolled in Dance IV to participate. Please wear leotard, tights, or comfortable form fitted clothing and ballet shoes.

\*PAYMENT PLAN OPTIONS\*

The Medinah Park District offers monthly payment plans. Below are the total class fee options if you wish to enroll in the 14 week or 33 week classes. To set up a payment plan, please reach out to Brooks Wogelius at Brooks@medinahparks.org or 224-524-0006.



Park Studio Classes

Fall: Sep 14-Dec 14, 2026 / Full-year: Sep 14, 2026-Jun 7, 2027

| Code       | Monday     | Age | Time         | Fee R/NR                                      | Min/Max |
|------------|------------|-----|--------------|-----------------------------------------------|---------|
| 4030600-01 | Dance I    | 3-5 | 4:30-5:15 pm | \$168/\$183<br>Full year option \$643/\$658   | 4/6     |
| 4040600-01 | Dance III  | 7-9 | 5:25-6:55 pm | \$316/\$331<br>Full year option \$993/\$1,008 | 4/6     |
| 4040600-02 | Pre-Pointe | 10+ | 8:30-9:00 pm | \$131/\$146<br>Full year option \$555/\$570   | 4/7     |

No Classes: Nov 9, Dec 21, & 28, 2026 and Jan 4, Mar 22 & 29, May 31, 2027

Fall: Sep 10-Dec 14, 2026 / Full-year: Sep 10, 2026-Jun 3, 2027

| Code       | Thursday  | Age  | Time         | Fee R/NR                                      | Min/Max |
|------------|-----------|------|--------------|-----------------------------------------------|---------|
| 4040600-03 | Dance II  | 5-7  | 4:45-5:45 pm | \$212/\$227<br>Full year option \$747/\$762   | 4/6     |
| 4040600-01 | Dance III | 8-10 | 5:55-7:25 pm | \$316/\$331<br>Full year option \$993/\$1,008 | 4/6     |

No Classes: Nov 26, Dec 17, 24 & 31, 2026 and Jan 7, Mar 25, Apr 1, 2027

Fall: Sep 14-Dec 14, 2026 / Full-year: Sep 14, 2026-Jun 3, 2027

| Code       | Monday & Thursday | Age | Time(s)                         | Fee R/NR                                        | Min/Max |
|------------|-------------------|-----|---------------------------------|-------------------------------------------------|---------|
| 4040600-04 | Dance IV          | 10+ | 7-8:30 pm (Mon)/7:30-9 pm (Thu) | \$573/\$588<br>Full year option \$1,599/\$1,614 | 4/8     |

No Classes: Nov 9, 26, Dec 17, 21, 24, 28 & 31, 2026, and Jan 4 & 7, Mar 22, 25 & 29, Apr 1, May 31, 2027

NEW! Connections Dance Company

The Connection Dance Company brings dancers from all our participating communities together to learn and grow as a team. It provides dedicated dancers the opportunity to study a variety of dance styles in more depth. This performing group is a **year-round commitment**. Our focus will be creating, leading, and guiding dancers on a disciplined and rewarding path that will instill the fundamentals of dance and performance. Company members are required to take 1 foundational technique class the entire season (Sep 2026-Jun 2027) in addition to company rehearsal. The Company will meet monthly on Fridays and will rotate rehearsal space between West Chicago, Winfield and Medinah. They will also participate in 3-5 competitions & community events throughout the year. Rehearsal & Performance Schedules will be available at the first class. Some additional rehearsals and performances will be during times outside of regularly scheduled rehearsal time. All experience levels are welcome. Please wear leotard, tights or comfortable form fitted clothing. Dancers will also need skin toned jazz shoes. **The registration fee does not include Company Costume, Competition and Event fees which range from \$200-300 for the year and due in October.** It does include 40 hours of rehearsal time to rehearse choreography for 2 group routines. Please contact Lora@innovationartsconnection for details on the Connection Dance Company.

\*Company will meet one evening a month from July, 2026 to June, 2027  
7/10, 8/14, 9/11, 10/2, 11/6, 12/4, 1/8, 2/5, 3/5, 4/9, 5/7, 6/4

Sep 10, 2026-Jun 3, 2027 (Full year)

| Code       | Day | Age | Time   | Fee R/NR    | Min/Max |
|------------|-----|-----|--------|-------------|---------|
| 4040600-05 | Fri | 7+  | 5-8 pm | \$667/\$682 | 5/6     |

DANCE PARTIES

Dance Parties are a condensed 1 day session of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun, educational, and movement oriented programming. Wear comfortable form-fitted clothing, dance shoes or bare feet. Feel free to dress to match the theme too! Please bring a water bottle.

Monster Mash (Location: Medinah Park District)

Hip Hop dance technique, craft, storytime, movement games, and choreography to your favorite Halloween music.

| Code       | Day | Age | Date   | Time         | Fee R/NR  | Min/Max |
|------------|-----|-----|--------|--------------|-----------|---------|
| 4030600-03 | Fri | 3-8 | Oct 23 | 4:45-6:15 pm | \$36/\$44 | 5/7     |

Dr. Seuss Dance Party (Location: Wood Dale Park District)

"It's fun to have fun but you have to know how..." We will have so much fun during this dance party celebrating the Cat in the Hat! Jazz technique, craft, storytime, movement games and choreography to the music from the new Cat in the Hat movie.

| Code       | Day | Age | Date   | Time         | Fee R/NR  | Min/Max |
|------------|-----|-----|--------|--------------|-----------|---------|
| 4030600-04 | Fri | 3-8 | Nov 13 | 4:45-6:15 pm | \$36/\$44 | 5/5     |

Nutcracker Dance Party (Location: Wood Dale Park District)

Ballet dance technique, craft, storytime, movement games, and choreography to the music of the Nutcracker.

| Code       | Day | Age | Date  | Time         | Fee R/NR  | Min/Max |
|------------|-----|-----|-------|--------------|-----------|---------|
| 4030600-05 | Fri | 3-8 | Dec 4 | 4:45-6:15 pm | \$36/\$44 | 5/5     |

SEASONAL CLASSES

The seasonal classes invite participants to engage in condensed sessions as a way to experiment, explore or jump-start their involvement in the park studio dance program. All classes are held at Winfield Park District Community Center. In the event of inclement weather, classes will be held virtually on Zoom.

Discover Dance & Stories with Me (Winfield Park District)

| Code       | Day | Date          | Age                                 | Time        | Fee R/NR    | Min |
|------------|-----|---------------|-------------------------------------|-------------|-------------|-----|
| 4040600-06 | Thu | Sep 10-Dec 10 | Walking-6yrs + Parent Participation | 10:15-11 am | \$185/\$200 | 4   |

No Class: Nov 26

Storybook Ballet (Winfield Park District)

| Code       | Day | Date          | Age | Time           | Fee R/NR    | Min |
|------------|-----|---------------|-----|----------------|-------------|-----|
| 4040600-06 | Thu | Sep 10-Dec 10 | 3-6 | 11:10-11:50 am | \$185/\$200 | 4   |

No Class: Nov 26





Little Chefs with Chef Amy (BW) 

Ages 5-12

Do your kids love to cook or bake? Do they watch Food Network cooking competitions for fun and then recreate challenges in your kitchen? Drop them off at Chef Amy's cooking classes and let their inner Chef come out to play! In Chef Amy's cooking classes, your kids will cook/bake entire creations with the guidance/assistance of a trained professional. They will also feast on their creations and make friends with like-minded kids! Each class will come with a snack or bread and dessert. Come prepared with containers for possible leftovers.

**Menu:**  
**Breakfast 101:** Scrambled Eggs, French Toast, Muffins, Fruit Salad  
**Spooky Eats/Treats:** Chili, Ghostly S'mores Brownies  
**Breakfast Pastries:** Cinnamon Rolls with Cream Cheese Frosting, Scones  
**Holiday Cookies & Bars:** Sour Cream Cookies, Peppermint Brownies, Ginger Creme Sandwich Cookies

|                   |                                                |             |             |                        |
|-------------------|------------------------------------------------|-------------|-------------|------------------------|
| <b>Location</b>   | Chef's Corner, 172 S. Circle Ave., Bloomington |             |             |                        |
| <b>Instructor</b> | Chef Amy                                       |             |             |                        |
| <b>Fee</b>        | \$56(R)/\$61(NR)                               |             |             |                        |
| <b>Min/Max</b>    | 4/4                                            |             |             |                        |
| <b>Code</b>       | <b>Day</b>                                     | <b>Date</b> | <b>Time</b> | <b>Cuisine</b>         |
| 4040406-01        | Thu                                            | Sep 10      | 6-8 pm      | Breakfast 101          |
| 4040406-02        | Thu                                            | Oct 8       | 6-8 pm      | Spooky Eats/Treats     |
| 4040406-03        | Thu                                            | Nov 5       | 6-8 pm      | Breakfast Pastries     |
| 4040406-04        | Thu                                            | Dec 3       | 6-8 pm      | Holiday Cookies & Bars |

Parent Child Cooking Classes (BW) 

Ages 5-12 with Parent

Is cooking with your child one of your favorite things to do? Or is it an intimidating thought? During Chef Amy's cooking classes, you and your child will be guided in the preparation of multiple delicious dishes that you'll get to feast upon after making. Additionally, any mess that is created will be taken care of by Chef Amy. Each class will come with a snack or bread and dessert. Come prepared with containers for possible leftovers. All long hair must be tied up. Price is per couple.

**Menu:**  
**Breakfast 101:** Scrambled Eggs, French Toast, Muffins, Fruit Salad  
**Spooky Eats/Treats:** Chili, Ghostly S'mores Brownies  
**Breakfast Pastries:** Cinnamon Rolls with Cream Cheese Frosting, Scones  
**Holiday Cookies & Bars:** Sour Cream Cookies, Peppermint Brownies, Ginger Creme Sandwich Cookies

|                   |                                                |             |             |                        |
|-------------------|------------------------------------------------|-------------|-------------|------------------------|
| <b>Location</b>   | Chef's Corner, 172 S. Circle Ave., Bloomington |             |             |                        |
| <b>Instructor</b> | Chef Amy                                       |             |             |                        |
| <b>Fee</b>        | \$66(R)/\$71(NR)                               |             |             |                        |
| <b>Min/Max</b>    | 2/2                                            |             |             |                        |
| <b>Code</b>       | <b>Day</b>                                     | <b>Date</b> | <b>Time</b> | <b>Cuisine</b>         |
| 4040470-01        | Thu                                            | Sep 24      | 6-8 pm      | Breakfast 101          |
| 4040470-02        | Thu                                            | Oct 22      | 6-8 pm      | Spooky Eats/Treats     |
| 4040470-03        | Thu                                            | Nov 14      | 6-8 pm      | Breakfast Pastries     |
| 4040470-04        | Thu                                            | Dec 17      | 6-8 pm      | Holiday Cookies & Bars |

NEW! Arts & Crafts (BW)

1st-5th Grade

This program encourages creativity and self-expression through drawing, painting, sculpting, and hands-on crafting projects. Each session gives students the space to explore different mediums and develop fine motor skills and confidence in their own creativity.

|                   |                                                                                                                                             |               |                 |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------|-----------------|
| <b>Location</b>   | Medinah Primary School<br>22W300 Sunnyside Rd, Medinah<br><br>Medinah Intermediate School<br>7N330 Medinah Rd, Medinah<br>Impact Kids Staff |               |                 |
| <b>Instructor</b> | \$156                                                                                                                                       |               |                 |
| <b>Fee</b>        | 6/16                                                                                                                                        |               |                 |
| <b>Min/Max</b>    | Grades 1-2 *<br>Grades 3-5 **                                                                                                               |               |                 |
| <b>Code</b>       | <b>Day</b>                                                                                                                                  | <b>Date</b>   | <b>Time</b>     |
| 4040408-01        | Tue                                                                                                                                         | Sep 15-Oct 20 | 3:30-4:30 pm *  |
| 4040408-02        | Thu                                                                                                                                         | Sep 17-Oct 22 | 3:30-4:30 pm ** |



NEW! Curiosity Club  
(Science Exploration) (BW)

1st-5th Grade

The Curiosity Club immerses students in hands-on science experiments and discovery, covering topics from chemistry and physics to biology and earth science. Each session is designed to spark genuine curiosity and build critical thinking skills.

|                   |                                                                                                                                             |               |                 |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------|-----------------|
| <b>Location</b>   | Medinah Primary School<br>22W300 Sunnyside Rd, Medinah<br><br>Medinah Intermediate School<br>7N330 Medinah Rd, Medinah<br>Impact Kids Staff |               |                 |
| <b>Instructor</b> | \$156                                                                                                                                       |               |                 |
| <b>Fee</b>        | 6/16                                                                                                                                        |               |                 |
| <b>Min/Max</b>    | Grades 1-2 *<br>Grades 3-5 **                                                                                                               |               |                 |
| <b>Code</b>       | <b>Day</b>                                                                                                                                  | <b>Date</b>   | <b>Time</b>     |
| 4040409-01        | Tue                                                                                                                                         | Sep 15-Oct 20 | 3:30-4:30 pm ** |
| 4040408-02        | Thu                                                                                                                                         | Sep 17-Oct 22 | 3:30-4:30 pm *  |

### Acting/Improv Class (BW) C Ages 7-14

In this engaging and confidence-building acting program, participants explore a new emotion and visual acting skill. Through fun improv games and creative prompts (including pulling ideas from a “mystery hat”), kids learn how to express feelings, think on their feet, and work together in imaginative scenes. Throughout the program, students practice using voice tone and facial expressions, communicating through body language and movement, building confidence speaking in front of others, listening, reacting, and collaborating with peers. By the end of the program, participants leave with a strong toolkit of acting and communication skills they can use onstage, in school presentations, and in everyday social situations—all while having a blast in a supportive, playful environment.

|                   |                                       |              |             |  |
|-------------------|---------------------------------------|--------------|-------------|--|
| <b>Location</b>   | Clauss Recreation Center – Maple Room |              |             |  |
| <b>Instructor</b> | Do Art Productions Staff              |              |             |  |
| <b>Fee</b>        | \$90(R)/\$100(NR)                     |              |             |  |
| <b>Min/Max</b>    | 4/25                                  |              |             |  |
| <b>Code</b>       | <b>Day</b>                            | <b>Date</b>  | <b>Time</b> |  |
| 4040410           | Fri                                   | Sep 25-Oct 9 | 5-6 pm      |  |



### Graphic Novel Workshop (BW) C Ages 7-14

At the Do Art graphic novel program, we will be exploring the adventurous worlds of stories and drawing, and how we can mix them together! We will develop our own original characters, our own plot styles, as well as practice different tools and techniques of comics from paneling to storytelling, to onomatopoeia. Participants will go home every day with a new item to help them remember the experience.

|                   |                                       |              |              |  |
|-------------------|---------------------------------------|--------------|--------------|--|
| <b>Location</b>   | Clauss Recreation Center – Maple Room |              |              |  |
| <b>Instructor</b> | Do Art Productions Staff              |              |              |  |
| <b>Fee</b>        | \$90(R)/\$100(NR)                     |              |              |  |
| <b>Min/Max</b>    | 5/10                                  |              |              |  |
| <b>Code</b>       | <b>Day</b>                            | <b>Date</b>  | <b>Time</b>  |  |
| 4040411-01        | Fri                                   | Sep 25-Oct 9 | 6:30-7:30 pm |  |
| 4040411-02        | Fri                                   | Nov 6-20     | 6:30-7:30 pm |  |

### Pokémon Bead Art Program (BW) C Ages 7-14

In this hands-on Pokémon Bead Art program, participants create their very own Pikachu-inspired bead designs to take home and treasure. Students learn basic bead weaving techniques as they string beads together to make an electrifying Pikachu, a Poké Ball design, and a fun Pikachu bracelet.

|                   |                                       |             |             |  |
|-------------------|---------------------------------------|-------------|-------------|--|
| <b>Location</b>   | Clauss Recreation Center – Maple Room |             |             |  |
| <b>Instructor</b> | Do Art Productions Staff              |             |             |  |
| <b>Fee</b>        | \$90(R)/\$100(NR)                     |             |             |  |
| <b>Min/Max</b>    | 4/25                                  |             |             |  |
| <b>Code</b>       | <b>Day</b>                            | <b>Date</b> | <b>Time</b> |  |
| 4040412           | Fri                                   | Oct 16-30   | 5-6 pm      |  |



### Digital Art Program (BW) C Ages 7-14

At this engaging Digital Art program students will learn about drawing digitally on tablets, and in the process learn about technology and computers simultaneously. We will explore the vast number of tools digital art platforms have, and learn to understand how to use them to better express ourselves as well as design our projects. We will provide materials and email final projects home.

|                   |                                       |             |             |  |
|-------------------|---------------------------------------|-------------|-------------|--|
| <b>Location</b>   | Clauss Recreation Center – Maple Room |             |             |  |
| <b>Instructor</b> | Do Art Productions Staff              |             |             |  |
| <b>Fee</b>        | \$114(R)/\$124(NR)                    |             |             |  |
| <b>Min/Max</b>    | 4/25                                  |             |             |  |
| <b>Code</b>       | <b>Day</b>                            | <b>Date</b> | <b>Time</b> |  |
| 4040413           | Fri                                   | Dec 4-18    | 5-7 pm      |  |

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### FUN-GINEERING (BW) C Ages 7-12

This class focuses on teaching the FUNdamentals of engineering as students work in teams using Lego® simple machine kits. Each session will build upon the student’s skill level as they learn about levers, wheel/axles, gears. Projects could include building: drawbridges, cars, amusement park ride cranes, catapults and much more! Join the fun while you explore engineering concepts that you can use at home for your own projects. levers, pulleys, gears, wheels and axles.

|                   |                                  |              |             |  |
|-------------------|----------------------------------|--------------|-------------|--|
| <b>Location</b>   | 172 S. Circle Ave., Bloomingdale |              |             |  |
| <b>Instructor</b> | Computer Explorers               |              |             |  |
| <b>Fee</b>        | \$100(R)/\$115(NR)               |              |             |  |
| <b>Min/Max</b>    | 3/5 per district                 |              |             |  |
| <b>Code</b>       | <b>Day</b>                       | <b>Date</b>  | <b>Time</b> |  |
| 4040415           | Tue                              | Sep 16-Oct 7 | 6-7:15 pm   |  |

### Thanksgiving Holiday Camp (BW) Ages 4.5-12

Searching for Thanksgiving break plans? Look right here at the Connolly Recreation Center for days filled with fun activities! Your kids will be entertained with holiday-themed games, crafts, movies, gym time, and much more. Remember to pack a sack lunch and a water bottle for your child.

|                   |                                        |             |                 |  |
|-------------------|----------------------------------------|-------------|-----------------|--|
| <b>Location</b>   | Connolly Recreation Center-Walnut Room |             |                 |  |
| <b>Instructor</b> | Medinah Park District Staff            |             |                 |  |
| <b>Fee</b>        | \$126(R)/\$141(NR)                     |             |                 |  |
| <b>Min/Max</b>    | 6/15                                   |             |                 |  |
| <b>Code</b>       | <b>Day</b>                             | <b>Date</b> | <b>Time</b>     |  |
| 4040200           | Mon-Wed                                | Nov 23-25   | 7:30 am-5:30 pm |  |

**Registration Deadline:** Nov 19



### Winter Day Camps (BW) Ages 4.5-12

Searching for winter break plans? Send your kids to the Connolly Recreation Center for a day packed with activities! They'll enjoy games, crafts, movies, gym time, and more. Don't forget to pack a lunch and a drink for your child.

|                   |                                        |             |                 |  |
|-------------------|----------------------------------------|-------------|-----------------|--|
| <b>Location</b>   | Connolly Recreation Center-Walnut Room |             |                 |  |
| <b>Instructor</b> | Medinah Park District Staff            |             |                 |  |
| <b>Fee</b>        | \$126(R)/\$141(NR) per week            |             |                 |  |
| <b>Min/Max</b>    | 6/20                                   |             |                 |  |
| <b>Code</b>       | <b>Day</b>                             | <b>Date</b> | <b>Time</b>     |  |
| 4040210-01        | Mon-Wed                                | Dec 21-23   | 7:30 am-5:30 pm |  |
| 4040210-02        | Mon-Wed                                | Dec 28-30   | 7:30 am-5:30 pm |  |

### Mad Science: Brixology C Grades K-5

Using Lego bricks, kids build a different engineering-themed project in each class. They explore engineering fields including mechanical, structural, aerospace, and bioengineering. Using critical thinking, cooperation, and creative problem solving, they test and improve their creations. Each class includes a take-home project!

|                   |                                                              |               |              |  |
|-------------------|--------------------------------------------------------------|---------------|--------------|--|
| <b>Location</b>   | Bloomington Park District<br>172 S. Circle Ave., Bloomington |               |              |  |
| <b>Instructor</b> | Mad Science                                                  |               |              |  |
| <b>Fee</b>        | \$119(R)/\$134(NR)                                           |               |              |  |
| <b>Min/Max</b>    | 10/25                                                        |               |              |  |
| <b>Code</b>       | <b>Day</b>                                                   | <b>Date</b>   | <b>Time</b>  |  |
| 40404900-01       | Mon                                                          | Sep 21-Oct 12 | 5:30-6:30 pm |  |

### Mad Science: Ready, STEM, Go! C Grades K-5

Kids find out how Science is at work in the world around them! They learn about the Animal kingdom on both land and sea, make mixtures, and learn the science of motion and energy. They also discover the technology that powers our modern world and keeps us connected. Each class includes a take-home project!

|                   |                                                                         |             |              |  |
|-------------------|-------------------------------------------------------------------------|-------------|--------------|--|
| <b>Location</b>   | Wood Dale Park District Recreation Center<br>111 Foster Ave., Wood Dale |             |              |  |
| <b>Instructor</b> | Mad Science                                                             |             |              |  |
| <b>Fee</b>        | \$119(R)/\$134(NR)                                                      |             |              |  |
| <b>Min/Max</b>    | 10/30                                                                   |             |              |  |
| <b>Code</b>       | <b>Day</b>                                                              | <b>Date</b> | <b>Time</b>  |  |
| 40404900-01       | Mon                                                                     | Nov 2-30    | 5:30-6:30 pm |  |

**No Class:** Nov 23

## SCHOOL DAYS OFF (BW)

### Ages K-5th Grade

School Days Off! Children will enjoy their school days off with activities, games, crafts, and fun with friends at the park district! Children will need to bring lunch, snack, water bottle and wear gym shoes. **Registration Deadline is the day prior to. This is a separate registration from the Power Through Before/After School Care.**

|                   |                            |             |                 |  |
|-------------------|----------------------------|-------------|-----------------|--|
| <b>Location</b>   | Connolly Recreation Center |             |                 |  |
| <b>Instructor</b> | MPD Staff                  |             |                 |  |
| <b>Fee</b>        | \$42(R)/\$57(NR) per date  |             |                 |  |
| <b>Min/Max</b>    | 6/15                       |             |                 |  |
| <b>Code</b>       | <b>Day</b>                 | <b>Date</b> | <b>Time</b>     |  |
| 4040300-01        | Thu                        | Sep 24      | 7:30 am-5:30 pm |  |
| 4040300-02        | Fri                        | Sep 25      | 7:30 am-5:30 pm |  |
| 4040300-03        | Fri                        | Oct 9       | 7:30 am-5:30 pm |  |
| 4040300-04        | Mon                        | Oct 12      | 7:30 am-5:30 pm |  |

**Adult-Tot Football** (LR)  **Ages 2-3**

Using basic football games and activities, player develops early football skills in this non-contact class while gaining confidence, coordination, and motor skills with a focus on having fun! The program uses age-appropriate drills and exercises to teach players proper stance, passing, catching, running and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork.

|                   |                                                                          |               |             |
|-------------------|--------------------------------------------------------------------------|---------------|-------------|
| <b>Location</b>   | Clauss Recreation Center-Soccer Fields<br>555 W. Bryn Mawr Ave., Roselle |               |             |
| <b>Instructor</b> | Hot Shots Sports                                                         |               |             |
| <b>Fee</b>        | \$80(R)/\$85(NR)                                                         |               |             |
| <b>Min/Max</b>    | 6/15                                                                     |               |             |
| <b>Code</b>       | <b>Day</b>                                                               | <b>Date</b>   | <b>Time</b> |
| 4030502-01        | Sat                                                                      | Sep 12-Oct 17 | 9-9:30 am   |
| 4030502-02        | Sat                                                                      | Nov 7-Dec 19  | 9-9:30 am   |

**No Class:** Oct 3, Nov 28**Pee-Wee Soccer** (LR)**Ages 3-5**

Give your child a fun and positive introduction to soccer! This program helps young players build confidence, coordination, motor skills, and teamwork while learning the fundamentals of the game. Through age-appropriate drills, games, and activities, participants will develop basic soccer skills such as kicking, dribbling, ball control, shooting, and more, all in a supportive and engaging environment designed for early learners.

|                   |                                           |               |              |
|-------------------|-------------------------------------------|---------------|--------------|
| <b>Location</b>   | Medinah Intermediate School Soccer Fields |               |              |
| <b>Instructor</b> | Coach Joseluis                            |               |              |
| <b>Fee</b>        | \$80(R)/\$85                              |               |              |
| <b>Min/Max</b>    | 4/15                                      |               |              |
| <b>Code</b>       | <b>Day</b>                                | <b>Date</b>   | <b>Time</b>  |
| 4030501-01        | Tue                                       | Sep 19-Oct 20 | 5:00-5:45 pm |

**Little Sluggers T-Ball** (LR) **Ages 4-6**

Younger kids will love this introduction to one of the most popular sports around! Participants will learn the basic skills of baseball: throwing, catching, base running, hitting, and fielding, all in a non-competitive environment. Innings will consist of all players batting, and no score will be kept. Volunteer coaches needed! Please contact the park district if you are interested in coaching. Team t-shirt and hat will be provided. One practice and one game per week based on coach and field availability. Fee includes t-shirt and hat.

|                   |                        |              |             |
|-------------------|------------------------|--------------|-------------|
| <b>Location</b>   | Thorndale Park         |              |             |
| <b>Instructor</b> | Volunteer Coach Needed |              |             |
| <b>Fee</b>        | \$75(R)/\$90(NR)       |              |             |
| <b>Min/Max</b>    | 8/12                   |              |             |
| <b>Code</b>       | <b>Day</b>             | <b>Date</b>  | <b>Time</b> |
| 4040521           | Varies                 | Sep 6-Oct 11 | Varies      |

**Registration Deadline:** Aug 19**Lil' Dribblers** (LR)**Ages 4-6**

Introduce your little athlete to the exciting game of basketball! Lil' Dribblers is designed to teach the fundamentals of basketball in a safe, positive, and fun environment. Through age-appropriate games and activities, participants will develop balance, coordination, motor skills, body awareness, hand-eye coordination, listening skills, and the ability to follow directions. This program focuses on skill development, teamwork, and building confidence while having fun on the court.

|                   |                  |               |             |
|-------------------|------------------|---------------|-------------|
| <b>Location</b>   | TBD              |               |             |
| <b>Instructor</b> | Denny Burge      |               |             |
| <b>Fee</b>        | \$85(R)/\$90(NR) |               |             |
| <b>Min/Max</b>    | 4/15             |               |             |
| <b>Code</b>       | <b>Day</b>       | <b>Date</b>   | <b>Time</b> |
| 4030502-01        | Sat              | Sep 19-Oct 24 | 9-9:45 am   |
| 4030502-02        | Sat              | Nov 7-Dec 12  | 9-9:45 am   |

**Pee Wee Flag Football** (LR) **Ages 4-7**

Players improve athletic ability and increase football knowledge in this fun filled skills clinic. Teamwork and sportsmanship are stressed while playing various games that teach the fundamentals of throwing, running routes and defense. All children have a blast, regardless of their prior skill level.

|                   |                                                                         |               |               |
|-------------------|-------------------------------------------------------------------------|---------------|---------------|
| <b>Location</b>   | Clauss Recreation Center-Soccer Field<br>555 W. Bryn Mawr Ave., Roselle |               |               |
| <b>Instructor</b> | Hot Shots Sports                                                        |               |               |
| <b>Fee</b>        | \$90(R)/\$95(NR)                                                        |               |               |
| <b>Min/Max</b>    | 6/15                                                                    |               |               |
| <b>Code</b>       | <b>Day</b>                                                              | <b>Date</b>   | <b>Time</b>   |
| 4030502-01        | Sat                                                                     | Sep 12-Oct 17 | 9:30-10:15 am |
| 4030502-02        | Sat                                                                     | Nov 7-Dec 19  | 9:30-10:15 am |

**No Class:** Oct 3, Nov 28**KickStart Soccer** (LR)**Ages 5-7**

Take your child's soccer skills to the next level! Tiny Kickers introduces players to fundamental soccer strategies, including passing, offensive and defensive play, ball control, and winning possession from opponents. Participants will learn how to score goals, defend effectively, and work as part of a team. Through engaging drills and small-sided games, players will build endurance, coordination, and confidence while developing a stronger understanding of the game. As skills progress, the focus shifts from simple activities to more organized, tactical, and age-appropriate competitive play.

|                    |                                           |               |              |
|--------------------|-------------------------------------------|---------------|--------------|
| <b>Location:</b>   | Medinah Intermediate School Soccer Fields |               |              |
| <b>Instructor:</b> | Coach Joseluis                            |               |              |
| <b>Fee:</b>        | \$90(R)/\$95                              |               |              |
| <b>Min/Max:</b>    | 4/15                                      |               |              |
| <b>Code</b>        | <b>Day</b>                                | <b>Date</b>   | <b>Time</b>  |
| 4030501-02         | Tue                                       | Sep 19-Oct 20 | 5:45-6:45 pm |

**Basketball 101** (LR)**Ages 7-9**

Take your first step onto the court with Basketball 101! This beginner-friendly program teaches the fundamental skills of basketball, including dribbling, passing, shooting, and basic game rules. Participants will build confidence and improve coordination through engaging drills, skill-building activities, and weekly scrimmages. Whether your child is new to the sport or looking to strengthen their foundation, this class provides a fun and supportive environment to learn the game and develop a love for basketball.

|                   |                  |               |               |
|-------------------|------------------|---------------|---------------|
| <b>Location</b>   | TBD              |               |               |
| <b>Instructor</b> | Denny Burge      |               |               |
| <b>Fee</b>        | \$90(R)/\$95(NR) |               |               |
| <b>Min/Max</b>    | 4/15             |               |               |
| <b>Code</b>       | <b>Day</b>       | <b>Date</b>   | <b>Time</b>   |
| 4030502-03        | Sat              | Sep 19-Oct 24 | 9:45-10:45 am |
| 4030502-04        | Sat              | Nov 7-Dec 12  | 9:45-10:45 am |

**All-Star Soccer** (LR)**Ages 8+**

Designed for players ready to advance their skills, Big Kickers focuses on improving technique, speed, endurance, and overall game performance in a fast-paced, game-like environment. Participants will work on strength and accuracy in shooting, proper shooting mechanics, precision passing, ball control using various parts of the body, and advanced soccer fundamentals. Through challenging drills and competitive play, players will develop greater confidence, tactical awareness, and the skills needed to succeed on the field.

|                   |                                           |               |              |
|-------------------|-------------------------------------------|---------------|--------------|
| <b>Location</b>   | Medinah Intermediate School Soccer Fields |               |              |
| <b>Instructor</b> | Coach Joseluis                            |               |              |
| <b>Fee</b>        | \$90(R)/\$95                              |               |              |
| <b>Min/Max</b>    | 4/15                                      |               |              |
| <b>Code</b>       | <b>Day</b>                                | <b>Date</b>   | <b>Time</b>  |
| 4030501-03        | Tue                                       | Sep 19-Oct 20 | 6:45-7:45 pm |

**Junior Flag Football** (LR) **Ages 8-11**

Come join in on the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing, blocking and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. No equipment necessary!

|                   |                                                                         |               |             |
|-------------------|-------------------------------------------------------------------------|---------------|-------------|
| <b>Location</b>   | Clauss Recreation Center-Soccer Field<br>555 W. Bryn Mawr Ave., Roselle |               |             |
| <b>Instructor</b> | Hot Shots Sports                                                        |               |             |
| <b>Fee</b>        | \$95(R)/\$100(NR)                                                       |               |             |
| <b>Min/Max</b>    | 6/15                                                                    |               |             |
| <b>Code</b>       | <b>Day</b>                                                              | <b>Date</b>   | <b>Time</b> |
| 4030502-01        | Sat                                                                     | Sep 12-Oct 17 | 10:15-11 am |
| 4030502-02        | Sat                                                                     | Nov 7-Dec 19  | 10:15-11 am |

**No Class:** Oct 3, Nov 28**Next Level Hoops** (LR)**Ages 10-13**

Ready to elevate your game? Next Level Hoops is designed for players who have a solid understanding of basketball fundamentals and are ready to develop more advanced skills. Participants will build on their dribbling, passing, shooting, and defensive techniques while learning game strategies, court awareness, and competitive play concepts. Through skill-focused drills, scrimmages, and game situations, players will gain confidence, improve decision-making, and take their basketball abilities to the next level in a fun and challenging environment. Players should have a basic understanding of basketball rules and be comfortable dribbling the ball independently.

|                   |                  |               |                |
|-------------------|------------------|---------------|----------------|
| <b>Location</b>   | TBD              |               |                |
| <b>Instructor</b> | Denny Burge      |               |                |
| <b>Fee</b>        | \$90(R)/\$95(NR) |               |                |
| <b>Min/Max</b>    | 4/15             |               |                |
| <b>Code</b>       | <b>Day</b>       | <b>Date</b>   | <b>Time</b>    |
| 4030502-05        | Sat              | Sep 19-Oct 24 | 10:45-11:45 am |
| 4030502-06        | Sat              | Nov 7-Dec 12  | 10:45-11:45 am |

Youth Basketball League (LR) 

Grades 3-8

The Medinah Park District offers this recreational league for both boys and girls in grades 3rd-8th. The program will focus on individual instruction, teamwork, and friendly competition. Weekly practices begin in early December and games against other local park district teams start on January 10th and run through the middle of March, season includes and end-of-year playoffs. Games are played at home and on the road. We rely on volunteer coaches to help run this program. Please indicate on your child's registration form if you are interested in coaching a team.

**Location** Connolly Recreation Center-Gym  
**Instructor** Volunteer Coaches  
**Fee** Flat rate (jersey included) \$145(R)/\$160(NR)  
**Min/Max** 6/10 players per team

**Early-Bird Deadline:** November 11 (\$10 off registration fee!)  
**Registration Deadline:** December 2

\*All new participants must purchase a reversible jersey. Returning participants may purchase a jersey if needed, or use a jersey from a previous year. Rosters open until filled.

Boys League  
December 2026-March 2027

| Code    | Grade     |
|---------|-----------|
| 1040541 | 3rd & 4th |
| 1040542 | 5th & 6th |
| 1040543 | 7th & 8th |

Girls League  
December 2026-March 2027

| Code    | Grade     |
|---------|-----------|
| 1040541 | 3rd & 4th |
| 1040542 | 5th & 6th |
| 1040543 | 7th & 8th |



Rookies Basketball League (LR) 

Grades 1 & 2

Teams consisting of first and second grade girls and boys along with an adult player/coach are forming now for our Rookies Basketball League. It'll be five-on-five with a parent joining the action. Basic game rules will be introduced but loosely enforced. Team rosters will be eight to 10 players with a parent/coach. The first team practice will be held the week after Thanksgiving. Teams will generally practice once per week for one hour. Home games after the first of the year will be held on Mondays or Thursdays at either 6:00 or 7:00pm. Away games at the Medinah Park District's Connolly Recreation Center will be scheduled based on gym availability, generally on Saturdays, time varying. Each team will play a total of 8 games. All players will receive a team T-shirt before the first game, and a medal at the last game.



**Location** Connolly Recreation Center-Gym  
**Instructor** Volunteer Parent  
**Fee** \$96(R)/\$111(NR)  
**Min/Max** 20/60 players per team  

| Code    | Day  | Date              | Time         |
|---------|------|-------------------|--------------|
| 1040540 | M/TH | Dec 3-Mar 4, 2027 | 5:30-7:30 pm |

**Early Bird Deadline:** Oct 5 (Save \$10 off registration fee)  
**Registration Deadline:** Nov 2 2026  
**No class:** Dec 24-31  
**\*All players, parents, and coaches will need to sign our code of conduct.**

New! Indoor Futsal Soccer Skills

Pre-K- Grade 12

Welcome to our Indoor Futsal Soccer Skills Program! Keep your game sharp this Winter in the comfort of our neighborhood school gyms. Our program is designed to refine your skills, build confidence, and inspire a lasting love for the game. Practice twice a week with guidance from our dedicated volunteer coaches. Focused training on dribbling, passing, shooting, defending, and overall game strategy. Build teamwork, sharpen individual skills, and gain valuable game experience. Join us for an unforgettable futsal experience! Lace up your shoes, hit the court, and take your soccer skills to the next level. Get ready to score big goals and have a blast!

Futsal Skills & Drills (LR)

**Location:** TBD  
**Instructor:** Coach Joseluis  
**Fee:** \$75  
**Min/Max:** 4/60

**Dates and times are subject to change based on gym availability and registration numbers.**  
**No Practice during Thanksgiving Break.**

| Code       | Grade            | Day      | Date         | Time         |
|------------|------------------|----------|--------------|--------------|
| 4030505-01 | Pre-K- 4th Grade | Tue/Thur | Nov 3-Dec 17 | 5:30-6:30 pm |
| 4030505-02 | 3rd-6th grade    | Tue/Thur | Nov 3-Dec 17 | 6:30-7:30 pm |
| 4030505-03 | 7th-12th grade   | Mon/Wed  | Nov 2-Dec 16 | 6:30-7:30 pm |

Futsal Skills & Drills Practice & Games (LR)

*Friendly games every Saturday at the Medinah Park District. Game times TBT*

**Location:** TBD  
**Instructor:** Coach Joseluis  
**Fee:** \$125  
**Min/Max:** 4/60

**Dates and times are subject to change based on gym availability and registration numbers.**

| Code       | Grade            | Day          | Date         | Time         |
|------------|------------------|--------------|--------------|--------------|
| 4030505-04 | Pre-K- 4th Grade | Tue/Thur/Sat | Jan 5-Jan 27 | 5:30-6:30 pm |
| 4030505-05 | 3rd-6th grade    | Tue/Thur/Sat | Jan 5-Jan 27 | 6:30-7:30 pm |
| 4030505-06 | 7th-12th grade   | Mon/Wed/Sat  | Jan 4-Jan 27 | 6:30-7:30 pm |



Medinah Co-ed Youth  
Fall Soccer League (LR)

Ages 4 years -High School

You can still sign up for the  
Fall Youth Soccer League.

Check out [MedinahParks.org](https://www.MedinahParks.org)  
for updates on Fall Soccer.

### Taekwon-Do (LR)

Ages 8-Adult

Imagine what an advantage you will have now, and in the future, by learning martial arts today. Do you like to stretch, kick, punch, relieve stress, and feel good? The benefits of Takwon-Do include character building, confidence, self-esteem, discipline, focus, perseverance, physical fitness, improved balance, coordination, strength, flexibility, and self-defense. Imagine that "attitude is everything" and you will never give up in any aspect of your life. This is Taekwon-Do!

|            |                                    |  |
|------------|------------------------------------|--|
| Location   | Monday 5:45-6:45 pm                |  |
|            | Wednesday 6-7 pm                   |  |
| Instructor | Medinah Park District              |  |
|            | 22W130 Thorndale Ave, Medinah      |  |
| Fee        | Barry Weisberg                     |  |
|            | \$110(R)/\$125(NR)                 |  |
| Min/Max    | \$80 each additional family member |  |
|            | 8/50                               |  |

| Code       | Day     | Date                                   |
|------------|---------|----------------------------------------|
| 3040570-03 | Mon/Wed | Jul 20-Sep 16                          |
| 3040570-04 | Mon/Wed | Jul 20-Sep 16 (additional member)      |
| 4040570-01 | Mon/Wed | Sep 28-Nov 18                          |
| 4040570-02 | Mon/Wed | Sep 28-Nov 18 (additional member)      |
| 4040570-03 | Mon/Wed | Nov 30-Feb 3, 2027                     |
| 4040570-04 | Mon/Wed | Nov 30-Feb 3, 2027 (additional member) |

**No Class:** Sep 7, Dec 21, 23, 28, 3



### Pee Wee Taekwon-Do (LR)

Ages 5-7

Pee Wee Taekwon-Do is designed for children ages five, six, and seven years old. This fun program teaches basic Taekwon-Do skills and coordination, in addition to life skills, danger awareness, and character education. The children are taught how to better listen, to follow instructions, discipline, and responsibility. The instructor is Barry Weisberg, who recently retired as a high school principal and has also taught at both the middle and high school levels. [www.weisbergtaekwondo.com](http://www.weisbergtaekwondo.com)

|                             |                                              |                    |
|-----------------------------|----------------------------------------------|--------------------|
| Location                    | Wednesday: 5:00-5:45PM Medinah Park District |                    |
|                             | 22W130 Thorndale Ave, Medinah                |                    |
| Instructor                  | Barry Weisberg                               |                    |
|                             | \$60(R)/\$75(NR)                             |                    |
| Min/Max                     | 8/50                                         |                    |
| Code                        | Day                                          | Date               |
|                             | 4040570-05                                   | Wed Sep 30-Nov 18  |
| 4040570-03                  | Wed                                          | Dec 2 -Feb 3, 2027 |
|                             |                                              |                    |
| <b>No Class:</b> Dec 23, 30 |                                              |                    |



### Illinois Shotokan Karate Club (LR)

Ages 4-Adult

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but full class fee is required.
- Please visit [www.iskc.com](http://www.iskc.com) for more information or call us at (847) 359-0666

#### Pre-Karate (4-6 Years)

In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplines activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

#### Youth/Adult (7+ years)

ISKC's Karate classes offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

|          |                                  |  |
|----------|----------------------------------|--|
| Location | Community Recreation Center      |  |
| Min/Max  | 505 N. Springinsguth, Schaumburg |  |
|          | 1/3                              |  |

|     |               |       |
|-----|---------------|-------|
| Day | Date          | Fee   |
| Tue | Sep 08-Dec 15 | \$250 |

#### Pre-Karate (4-6 years)

| Code       | Time         | Level                                     |
|------------|--------------|-------------------------------------------|
| 4040570-01 | 4-4:45 pm    | Beginner/Continuer (White belts)          |
| 4040570-02 | 4:50-5:35 pm | Intermediate/Advanced (Stripe belts & up) |

#### Youth/Adult (7-Adult)

| Code       | Time         | Level                                  |
|------------|--------------|----------------------------------------|
| 4040570-03 | 5:45-6:40 pm | Beginner/Cont. (White-Orange belts)    |
| 4040570-04 | 6:50-7:45 pm | Novice (Yellow-Low Purple belts)       |
| 4040570-05 | 7:55-8:50 pm | Inter/Adv. (High Purple - Black belts) |

|          |                                      |  |
|----------|--------------------------------------|--|
| Location | Meineke Recreation Center            |  |
| Min/Max  | 220 E. Weathersfield Way, Schaumburg |  |
|          | 1/3, 1/6*                            |  |

|     |               |       |
|-----|---------------|-------|
| Day | Date          | Fee   |
| Sat | Sep 12-Dec 19 | \$250 |

#### Pre-Karate (4-6 years)

| Code       | Time         | Level                           |
|------------|--------------|---------------------------------|
| 4040571-01 | 2:45-3:30 pm | Beginner/Continuer (White Belt) |
| 4040571-02 | 3:40-4:25 pm | Inter/Adv. (Stripe belts & up)  |

#### Youth/Adult (7-Adult)

| Code       | Time           | Level                                     |
|------------|----------------|-------------------------------------------|
| 4040571-03 | 12:20-1:15 pm* | Beginner (No Experience-White w/stripes)  |
| 4040571-04 | 1:20-2:15 pm*  | Continuer (Red-Orange belts)              |
| 4040571-05 | 2:25-3:20 pm*  | Novice (Yellow-Low Purple belts)          |
| 4040571-06 | 3:30-4:25 pm*  | Intermediate (High Purple-Black belts)    |
| 4040571-07 | 4:35-6 pm*     | Advanced (Brown w/permission-Black belts) |

**Note: Fee is per person**





**Chef Amy’s Adult Cooking Classes**

(LR)

**Ages 21+**

Are you tired of wondering what to make for dinner? Are you stuck in a rut of preparing the same dishes for meals and parties? Come and learn some new dishes and techniques from Chef Amy! In these fully interactive classes, you will help prepare the entire dish and then sit down to feast on your creation. Each class will come with a snack or bread and dessert. Come prepared with containers for possible leftovers.

**Menu:**

**Quick & Easy Weeknight Meals:** Sloppy Joes, Vegetable Fried Rice, Elevated Grilled Cheese Sandwiches & Homemade Tomato Soup.

**Fall Harvest:** Herby Pork Loin, Winter Squash Panzella, Apple Cranberry Galette.

**Elevated Holiday Comfort Food:** Roasted Turkey Breast, Pumpkin Mac N Cheese, Green Beans with Sautéed Shallots, Espresso Bourbon Pecan Pie Bars.

**Holiday Appetizers:** Herbed Spiced Nuts, Pimento Cheese Stuffed Potato Skins, Bacon Wrapped Dates, Red Pepper Walnut Dip with Crudite.

|                   |                                                    |             |             |                               |
|-------------------|----------------------------------------------------|-------------|-------------|-------------------------------|
| <b>Location</b>   | Chef's Corner, 172 S. Circle Ave., Bloomingtondale |             |             |                               |
| <b>Instructor</b> | Chef Amy                                           |             |             |                               |
| <b>Fee</b>        | \$67(R)/\$72(NR)                                   |             |             |                               |
| <b>Min/Max</b>    | 4/4                                                |             |             |                               |
| <b>Code</b>       | <b>Day</b>                                         | <b>Date</b> | <b>Time</b> | <b>Cuisine</b>                |
| 4060440-01        | Thu                                                | Sep 17      | 6:00-9:00pm | Quick & Easy Weeknight Meals  |
| 4060440-02        | Thu                                                | Oct 15      | 6:00-9:00pm | Fall Harvest                  |
| 4060440-03        | Thu                                                | Nov 12      | 6:00-9:00pm | Elevated Holiday Comfort Food |
| 4060440-04        | Thu                                                | Dec 10      | 6:00-9:00pm | Holiday Appetizers            |

**The Ayurvedic Self-Care Sequence: A Personalized Way to Build Consistent Self-Care**

(LR)

**Ages 18+**

Imagine waking up knowing exactly what you'll do for self-care each day – with a routine that is simple, energizing and easy to return to – designed specifically for you. Not a one-size-fits-all routine but one shaped around your unique mind-body type (dosha).

If you already practice yoga, you know the value of movement, breathwork and mindfulness on the mat. But if you've been searching for additional ways to support your self-care beyond scheduled weekly yoga classes – and haven't found an approach that truly fits your life – this 4-week guided course provides the structure, support and clarity to build a self-care routine that lasts.

Rooted in Ayurveda – yoga's sister science and a 5,000-year-old practice for mind-body balance – this course guides you in creating a personalized Ayurvedic routine aligned with your energy, habits and natural rhythms.

Self-care is deeply individual. Some people benefit from more grounding, calming evening rituals, while others need a more energizing start to the day. In this course, you'll discover which practices most support your mind-body type, when to incorporate them and how to create a personalized Ayurvedic self-care sequence you can return to again and again.

Led by Julie Gentile, RYT 500 and Ayurvedic yoga specialist with 15 years of teaching experience, this course weaves together yoga, Ayurveda and everyday life in a grounded and approachable way.

- Program Includes:**
- 4 weekly live 1-hour classes (Tuesdays)
  - Simple at-home practices between classes
  - A step-by-step guidebook with worksheets and a routine-building template
  - Group connection to support consistency
- Your 4-Week Journey:**
- **Week 1: Understand Your Pattern** – Discover your dosha and how it shapes your energy, habits and tendencies.
  - **Week 2: Learn What Nourishes You** – Explore movement, breathwork and meditation practices that align with your dosha and the changing seasons.
  - **Week 3: Create Alignment in Your Day** – Learn how the Ayurvedic clock supports natural rhythms of energy, focus and rest throughout your day.
  - **Week 4: Build Your Sequence** – Bring everything together to create your personalized Ayurvedic self-care sequence.

**Enrollment:** Save \$100 when you sign up by September 20. Price increases to \$347 on September 21.

|                   |                                                                    |               |             |  |
|-------------------|--------------------------------------------------------------------|---------------|-------------|--|
| <b>Location</b>   | Zoom (only): JRC/Group X Room<br>172 S Circle Ave, Bloomingtondale |               |             |  |
| <b>Instructor</b> | Julie Gentile, RYT 500                                             |               |             |  |
| <b>Fee</b>        | \$247(R) before Sep 21<br>\$347(R) after Sep 21                    |               |             |  |
| <b>Min/Max</b>    | 15                                                                 |               |             |  |
| <b>Code</b>       | <b>Day</b>                                                         | <b>Date</b>   | <b>Time</b> |  |
| 4060701           | Tue                                                                | Sep 29-Oct 20 | 7-8 pm      |  |

**Ayurvedic Yoga**

(LR)

**Ages 18+**

Reconnect mind and body through a grounding yoga practice inspired by Ayurveda (yoga's sister science), blending mindful movement, breathwork and seasonal self-care. All levels welcome. Please bring a water bottle and yoga mat. (Mats are available at the park district if needed.) Zoom participants will receive a class link by email one hour before the first class. The same link will be used throughout the session.

|                         |                                                                                      |               |             |
|-------------------------|--------------------------------------------------------------------------------------|---------------|-------------|
| <b>Location</b>         | JRC/Group X Room, 172 S Circle Ave, Bloomingtondale<br>(also available through Zoom) |               |             |
| <b>Instructor</b>       | Julie Gentile, RYT 500                                                               |               |             |
| <b>Fee</b>              | \$182(R)/\$197(NR)                                                                   |               |             |
| <b>Drop In Fee</b>      | \$16/class                                                                           |               |             |
| <b>Min</b>              | 5                                                                                    |               |             |
| <b>Code</b>             | <b>Day</b>                                                                           | <b>Date</b>   | <b>Time</b> |
| 4060702                 | Mon                                                                                  | Sep 14-Dec 14 | 7-7:45 pm   |
| <b>No Class:</b> Nov 23 |                                                                                      |               |             |

**- Julie Gentile -  
Meet the Teacher**

Julie is a yoga teacher, Ayurvedic yoga specialist and author with more than 15 years of experience helping students build sustainable yoga and self-care practices. Her welcoming classes blend movement, mindfulness and Ayurvedic wisdom to support balance, energy and consistency – on and off the mat. Learn more at [www.JulieGtheYogi.com](http://www.JulieGtheYogi.com).

**Yoga for Self-Care**

(LR)

**Ages 18+**

Feel better in your body and calmer in your mind in this rejuvenating yoga class that goes beyond the poses. This is a self-care experience designed to help restore your energy through grounding movement, breathwork and meditation. All levels welcome. Please bring a water bottle and yoga mat. (Mats are available at the park district if needed.) Zoom participants will receive a class link by email one hour before the first class. The same link will be used throughout the session.

|                                  |                                                                                      |               |             |
|----------------------------------|--------------------------------------------------------------------------------------|---------------|-------------|
| <b>Location</b>                  | JRC/Group X Room, 172 S Circle Ave, Bloomingtondale<br>(also available through Zoom) |               |             |
| <b>Instructor</b>                | Julie Gentile, RYT 500                                                               |               |             |
| <b>Fee</b>                       | \$195(R)/\$210(NR)                                                                   |               |             |
| <b>Drop-In Fee</b>               | \$16/class                                                                           |               |             |
| <b>Min</b>                       | 5                                                                                    |               |             |
| <b>Code</b>                      | <b>Day</b>                                                                           | <b>Date</b>   | <b>Time</b> |
| 4060703                          | Wed                                                                                  | Sep 16-Dec 16 | 7-8 pm      |
| <b>No Class:</b> July 29 & Aug 5 |                                                                                      |               |             |

**Stretch Infusion**

(BW)

**Ages 18+**

This class focuses on stretching with incorporation of Pilates, yoga, balance and ab workouts. At times, light weights or tubing will be used. For those participants who cannot get on the floor, chair or wall exercises will be utilized.

|                    |                                       |
|--------------------|---------------------------------------|
| <b>Location</b>    | Connolly Recreation Center-Maple Room |
| <b>Instructor</b>  | Cathy Ventricelli                     |
| <b>Drop In Fee</b> | \$5/class                             |
| <b>Day</b>         | <b>Time</b>                           |
| Tue                | 6:00-6:45 pm                          |

**Tai Chi for Arthritis and Fall Prevention**

(BW)

**Ages 21+**

Tai Chi is a gentle, low impact form of mind-body exercise with smooth, flowing movements that contain a surprising inner power to strengthen the body and calm the mind while promoting better health and increased relaxation. The Tai Chi for Arthritis and Fall Prevention program uses the Sun Style of tai chi and is designed to be safe and easy on the joints, to improve balance and to be easy to learn. This class is appropriate for all adults, but is especially well suited for those 50+ who would like increased strength, coordination and flexibility, decreased joint pain, improved balance and posture, decreased stress and an increased sense of well-being.

Tai Chi requires no special equipment and is generally performed standing. This form, however, can also be done seated as needed for safety.

Please visit [www.TaiChiFallPrevention.com](http://www.TaiChiFallPrevention.com) for more information on this unique tai chi program.

|                   |                                      |                 |             |
|-------------------|--------------------------------------|-----------------|-------------|
| <b>Location</b>   | Connolly Recreation Center           |                 |             |
| <b>Instructor</b> | Diana Nielsen (Certified Instructor) |                 |             |
| <b>Fee</b>        | \$50(R)/\$65(NR)                     |                 |             |
| <b>Min/Max</b>    | 3/10                                 |                 |             |
| <b>Code</b>       | <b>Day</b>                           | <b>Date</b>     | <b>Time</b> |
| 3060730-03        | Thu                                  | Aug 6 - Sep 10  | 6-7 pm      |
| 4060730-01        | Thu                                  | Sep 17 - Oct 29 | 6-7 pm      |



**Zumba®** (LR)  
**Ages 18+**

This one-hour energetic workout will have you sweating in no time. With Latin-based rhythms, motivating music, and easy-to-follow combinations, this total-body workout combines all elements of fitness - cardio, muscle conditioning, balance and flexibility, and boosted positive energy. Remember your water bottle, and come ready for a dance party!

**Location** Connolly Recreation Center-Walnut Room  
**Instructor** Karoline Giza  
**Fee** \$30(R)/\$45(NR)  
\$10 drop-in  
**Min/Max** 8/15

| Code       | Day | Date          | Time   |
|------------|-----|---------------|--------|
| 4060704-01 | Mon | Aug 3-24      | 7-8 pm |
| 3060704-02 | Mon | Aug 31-Sep 28 | 7-8 pm |
| 4060704-03 | Mon | Oct 5-26      | 7-8 pm |
| 4060704-04 | Mon | Nov 2-23      | 7-8 pm |
| 4060704-05 | Mon | Nov 30-Dec 21 | 7-8 pm |

**No Class:** Sep 7

**Fitness Classes @ Roselle Park District** (BW)   
**Ages 18+**

For a complete class description check out [www.medinahparkdistrict.org](http://www.medinahparkdistrict.org) under online registration link.

**Location** See Below  
**Fee** \$40(R)/\$45(NR)  
\$50(R)/\$55(NR) [5-Week Classes] \*\*  
\$30(R)/\$35(NR) [3-Week Classes] \*  
**Min/Max** 3/15

| Code | Day | Date | Time | Class |
|------|-----|------|------|-------|
|------|-----|------|------|-------|

**Location: 10 North Roselle Road Suite 2**  
**Ages 18+**

|            |     |           |               |            |
|------------|-----|-----------|---------------|------------|
| 4060780-01 | Mon | Sep 14-28 | 9:15-10:15 am | Pilates *  |
| 4060780-02 | Mon | Oct 5-26  | 9:15-10:15 am | Pilates    |
| 4060780-03 | Mon | Nov 2-30  | 9:15-10:15 am | Pilates ** |
| 4060780-04 | Mon | Dec 7-28  | 9:15-10:15 am | Pilates    |

**Location: 10 N Roselle Rd., Suite 1**  
**Ages 16+**

|            |     |           |              |         |
|------------|-----|-----------|--------------|---------|
| 4060781-01 | Mon | Sep 14-28 | 6:35-7:35 pm | Yoga *  |
| 4060781-02 | Mon | Oct 5-26  | 6:35-7:35 pm | Yoga    |
| 4060781-03 | Mon | Nov 2-30  | 6:35-7:35 pm | Yoga ** |
| 4060781-04 | Mon | Dec 7-28  | 6:35-7:35 pm | Yoga    |

**Location: 10 North Roselle Road Suite 1**  
**Ages 18+**

|            |     |          |              |               |
|------------|-----|----------|--------------|---------------|
| 4060782-01 | Tue | Sep 1-29 | 8:00-9:00 am | Chair Yoga ** |
| 4060782-02 | Tue | Oct 6-27 | 8:00-9:00 am | Chair Yoga    |
| 4060782-03 | Tue | Nov 3-24 | 8:00-9:00 am | Chair Yoga    |
| 4060782-04 | Tue | Dec 1-29 | 8:00-9:00 am | Chair Yoga ** |

**Location: 10 North Roselle Rd., Suite 1**  
**Ages 16+**

|            |     |          |               |               |
|------------|-----|----------|---------------|---------------|
| 4060783-01 | Tue | Sep 1-29 | 9:30-10:30 am | Step it Up ** |
| 4060783-02 | Tue | Oct 6-27 | 9:30-10:30 am | Step it Up    |
| 4060783-03 | Tue | Nov 3-24 | 9:30-10:30 am | Step it Up    |
| 4060783-04 | Tue | Dec 1-29 | 9:30-10:30 am | Step it Up ** |



| Code | Day | Date | Time | Class |
|------|-----|------|------|-------|
|------|-----|------|------|-------|

**Location: 10 N Roselle Rd., Suite 2**  
**Ages 50+**

|            |     |          |               |                   |
|------------|-----|----------|---------------|-------------------|
| 4060784-01 | Wed | Sep 2-30 | 9:15-10:15 am | Get Fit Be Fab ** |
| 4060784-02 | Wed | Oct 7-28 | 9:15-10:15 am | Get Fit Be Fab    |
| 4060784-03 | Wed | Nov 4-25 | 9:15-10:15 am | Get Fit Be Fab    |
| 4060784-04 | Wed | Dec 2-23 | 9:15-10:15 am | Get Fit Be Fab    |

**Location: 10 North Roselle Rd., Suite 2**  
**Ages 18+**

|            |     |          |              |         |
|------------|-----|----------|--------------|---------|
| 4060785-01 | Wed | Sep 2-30 | 5:30-6:30 pm | HIIT ** |
| 4060785-02 | Wed | Oct 7-28 | 5:30-6:30 pm | HIIT    |
| 4060785-03 | Wed | Nov 4-25 | 5:30-6:30 pm | HIIT    |
| 4060785-04 | Wed | Dec 2-30 | 5:30-6:30 pm | HIIT ** |

**Location: 10 North Roselle Road Suite 2**  
**Ages 18+**

|            |     |          |              |                              |
|------------|-----|----------|--------------|------------------------------|
| 4060786-01 | Wed | Sep 2-30 | 6:35-7:35 pm | Core Strength & Stability ** |
| 4060786-02 | Wed | Oct 7-28 | 6:35-7:35 pm | Core Strength & Stability    |
| 4060786-03 | Wed | Nov 4-25 | 6:35-7:35 pm | Core Strength & Stability    |
| 4060786-04 | Wed | Dec 2-30 | 6:35-7:35 pm | Core Strength & Stability ** |

**Location: 10 North Roselle Road Suite 2**  
**Ages 18+**

|            |     |          |               |            |
|------------|-----|----------|---------------|------------|
| 4060787-01 | Fri | Sep 4-25 | 9:15-10:15 am | Pilates    |
| 4060787-02 | Fri | Oct 1-29 | 9:15-10:15 am | Pilates ** |
| 4060787-03 | Fri | Nov 5-19 | 9:15-10:15 am | Pilates *  |
| 4060787-04 | Fri | Dec 3-17 | 9:15-10:15 am | Pilates *  |

**Location: 10 North Roselle Road Suite 2**  
**Ages 16+**

|            |     |           |               |          |
|------------|-----|-----------|---------------|----------|
| 4060788-01 | Sat | Sep 12-26 | 9:00-10:00 am | Zumba ** |
| 4060788-02 | Sat | Oct 3-31  | 9:00-10:00 am | Zumba *  |
| 4060788-03 | Sat | Nov 7-28  | 9:00-10:00 am | Zumba    |
| 4060788-04 | Sat | Dec 5-26  | 9:00-10:00 am | Zumba    |

**Location: CRC Sycamore Room**  
**Ages 18+**

|            |     |          |              |          |
|------------|-----|----------|--------------|----------|
| 4060789-01 | Sun | Sep 6-27 | 8:00-9:00 am | Barre    |
| 4060789-02 | Sun | Oct 4-25 | 8:00-9:00 am | Barre    |
| 4060789-03 | Sun | Nov 1-29 | 8:00-9:00 am | Barre ** |
| 4060789-04 | Sun | Dec 6-27 | 8:00-9:00 am | Barre    |

**Location: 10 North Roselle Road Suite 1**  
**Ages 18+**

|            |     |          |                |               |
|------------|-----|----------|----------------|---------------|
| 4060790-01 | Sun | Sep 6-27 | 10:30-11:30 am | Chair Yoga    |
| 4060790-02 | Sun | Oct 4-25 | 10:30-11:30 am | Chair Yoga    |
| 4060790-03 | Sun | Nov 1-29 | 10:30-11:30 am | Chair Yoga ** |
| 4060790-01 | Sun | Dec 27   | 10:30-11:30 am | Chair Yoga    |

**Location: 10 North Roselle Rd., Suite 1**  
**Ages 18+**

|            |     |          |              |                 |
|------------|-----|----------|--------------|-----------------|
| 4060791-01 | Sun | Sep 6-27 | 12:00-1:00pm | Vinyasa Yoga    |
| 4060791-02 | Sun | Oct 4-25 | 12:00-1:00pm | Vinyasa Yoga    |
| 4060791-03 | Sun | Nov 1-29 | 12:00-1:00pm | Vinyasa Yoga ** |
| 4060791-01 | Sun | Dec 6-27 | 12:00-1:00pm | Vinyasa Yoga    |



Hard Rock Casino (LR) 

C

3

Ages 18+

Ready to roll the dice and try your luck at the Hard Rock Casino in Rockford? Join us for an unforgettable adult getaway, featuring high-energy gaming, great eats, live entertainment, and good times with friends. Let's hit the slots, try our luck at the tables, and make some memories. Lunch and gaming are at your own cost. Trip fee covers transportation only.

Location

Fee

Min/Max

Bus Departure

Rockford, IL

\$20(R)/\$25(NR)

2/4

Clauss Recreation Center  
555 W Bryn Mawr Ave., Roselle

| Code    | Day | Date  | Time             |
|---------|-----|-------|------------------|
| 3060803 | Wed | Aug 5 | 10:00 am-3:30 pm |

Registration Deadline: Aug 3

Pizza by Me to Lou Malnati's (LR) 

C

1

Ages 18+

Have an immersive experience working in teams to make your own Lous Malnati's Deep Dish pizza. Participants will make their own Lou Malnati's pizza, get behind the scenes action and info from the city's most legendary deep-dish icon and more. This experience includes deep dish pizzas, garden salad to share, soft drinks and coffee and Carol's Cookies.

Location

Fee

Min/Max

Bus Departure

Schaumburg, IL

\$35(R)/\$40(NR)

4/4

Bloomingtondale Park District  
172 South Circle Avenue, Bloomingtondale.  
22W130 Thorndale Ave., Medinah -  
Departs at 10:15 am sharp

| Code    | Day | Date   | Time         |
|---------|-----|--------|--------------|
| 3060804 | Mon | Aug 17 | 10:15am-2 pm |

Registration Deadline: Aug 3

Lynfred Tour and Wine Tasting (LR) 

C

2

Ages 21+

Experience an engaging and educational journey through Lynfred's winemaking process, where you'll go behind the scenes with a guided tour of their production area. After the tour, enjoy a curated tasting of six Lynfred wines, led by knowledgeable staff who will enhance your appreciation of each selection. This immersive experience offers the perfect blend of learning and tasting for wine enthusiasts.

Location

Fee

Min/Max

Bus Departure

Roselle, IL

\$40(R)/\$45(NR)

3/6

Connolly Recreation Center  
22W130 Thorndale Ave., Medinah

| Code    | Day | Date   | Time    |
|---------|-----|--------|---------|
| 3060805 | Tue | Aug 25 | 12-2 pm |

Registration Deadline: Aug 18

Schaumburg Boomers Baseball Game & Fireworks (LR) 

C

1

Ages 18+

Spend a summer evening at Wintrust Field cheering on the Schaumburg Boomers as they take the field for an exciting night of baseball action. After the final out, sit back and enjoy a spectacular post-game fireworks show lighting up the sky. Food and beverages will be available for purchase throughout the stadium and are not included in the program fee. Join us for a memorable night of baseball, community, and dazzling fireworks.

Location

Fee

Min/Max

Bus Departure:

Wintrust Field Schaumburg, IL

\$22(R)/\$27(NR)

4/4

5:45PM Connolly Recreation Center  
22W130 Thorndale Ave., Medinah

| Code    | Day | Date   | Time (Game)  |
|---------|-----|--------|--------------|
| 4060800 | Fri | Aug 28 | 6:30-10:00pm |

Registration Deadline: Aug 21

Anderson Japanese Gardens (LR) 

C

3

Ages 18+

Enjoy a peaceful escape with our trip to the Anderson Japanese Gardens, one of North America's most authentic Japanese gardens. Stroll along beautifully landscaped paths, take in serene water features, and experience the calming beauty of nature in every season. This relaxing outing is perfect for adults and seniors looking to unwind, connect, and enjoy a tranquil day surrounded by artfully designed gardens. Lunch will be at the onsite restaurant and will be on your own.

Location

Fee

Min/Max

Bus Departure

Rockford, IL

\$27(R)/\$37(NR)

3/4

Clauss Recreation Center  
555 W Bryn Mawr Ave., Roselle

| Code    | Day | Date  | Time            |
|---------|-----|-------|-----------------|
| 4060800 | Wed | Sep 9 | 9:30 am-4:00 pm |

Registration Deadline: Sep 2



Windy Acres Farm (LR) 

C

3

Ages 18+

Enjoy a fun-filled farm adventure featuring a guided 15-minute apple orchard tour, a look at our honey bee hives and the role of pollinators, and the chance to pick four fresh apples right from the trees (varieties vary daily). Savor a sample of fresh-pressed apple cider, receive a bookmark with a Fall Festival coupon, and snap photos by our tractors and scenic fields. The experience also includes admission to our Barn Yard Petting Zoo. Animal feed is available for purchase through quarter-feed vending machines or feeding cups for an additional \$2 per person. Perfect for families, school groups, and anyone looking to enjoy the sights and flavors of the farm!

Location

Fee

Min/Max

Bus Departure:

Geneva, IL

\$19(R)/\$24(NR)

4/4

10:00AM Connolly Recreation Center  
22W130 Thorndale Ave., Medinah

| Code    | Day | Date   | Time             |
|---------|-----|--------|------------------|
| 4060802 | Fri | Sep 18 | 10:45 am-2:00 pm |

Fisher Nuts & Lunch (LR) 

C

3

Ages 18+

Join us for a trip to Fisher Nuts Store to browse an assortment of nuts, candies, dried fruit, and more. After shopping, we'll head to Portillo's for lunch. Shopping and lunch are on your own. The fee includes transportation. The trip departs from and returns to the Bloomingtondale Park District, located at 172 South Circle Avenue, Bloomingtondale.

Location

Fee

Min/Max

Bus Departure

Elgin, IL

\$10(R)/\$15(NR)

4/4

Johnston Recreation Center  
172 South Circle Avenue in Bloomingtondale.

| Code    | Day | Date  | Time             |
|---------|-----|-------|------------------|
| 4060800 | Fri | Oct 2 | 10:30 am-1:30 pm |

Registration Deadline: Sep 22

Grand Victoria Casino in Elgin (LR) 

C

2

Ages 21+

Want to try your luck? Join us as we head to Grand Victoria Casino in Elgin. The trip includes transportation. Lunch is on your own in the casino. Receive a \$10 in free cash play for the slot machines.

Location

Fee

Min/Max

Bus Departure

Elgin, IL

\$10(R)/\$15(NR)

4/4

Johnston Recreation Center  
172 South Circle Avenue, Bloomingtondale

| Code | Day | Date   | Time            |
|------|-----|--------|-----------------|
|      | Wed | Oct 21 | 9:30 am-1:30 pm |

Registration Deadline: Oct 14

The 12 Dames of Christmas: with Angela Ingersoll (LR) 

C

2

Ages 18+

Emmy nominee Angela Ingersoll captures the voices of a dozen divas in a hilarious and heartwarming holiday romp. "The actress with the astonishing voice" (Chicago Sun-Times) delivers a haunting Judy Garland, a proper Julie Andrews, a rockin' Janis Joplin, and plenty of surprises! Festive favorites include "Have Yourself a Merry Little Christmas," "Santa Baby," and "Rockin' Around the Christmas Tree." Presented by Artists Lounge Live.

Location

Fee

Min/Max

Bus Departure

Arlington Heights, IL

\$55(R)/\$60(NR)

2/4

Clauss Recreation Center  
555 W Bryn Mawr Ave., Roselle

| Code    | Day | Date  | Time       |
|---------|-----|-------|------------|
| 4060805 | Tue | Dec 8 | 11 am-5 pm |

Registration Deadline: Nov 23

Attention Trip Participants!

Did you ever wonder why your favorite trip gets cancelled? Each trip requires careful planning and sometimes this means that deadline dates for final counts are 3-6 weeks before a scheduled trip. If the participant count is not high enough by the deadline date, we must cancel or forfeit our deposit. For this reason, we suggest that if you see a trip that strikes your interest, sign up for it as soon as possible. This will ensure the participant count is high enough to keep the trip going.

All trip return times are approximate. Transportation is provided by the Medinah, Roselle or Bloomingtondale Park District mini bus unless otherwise noted. The buses are air-conditioned and provide accessible seating options for our handicapped participants. Refunds requested after the registration deadline will not be granted unless the trip registrant's spot can be filled.

We attempt to give you as much information as possible regarding the amount of walking required during each trip. The symbols will allow you to make a more informed decision regarding trip registration.

Walking Symbols

1

2

3

= Average walking

= Moderate walking

= Heavy walking

The footprint symbols indicate the amount of walking for each outing.

### Fitness Center Hours

#### Regular Hours

Monday-Thursday: 7 am-9 pm  
Friday: 7 am-8 pm  
Saturday: 7 am-12 pm  
Sunday: Closed

#### Fitness Center Closed

May 25 and July 4

### Annual Membership Benefits

- Cardio and Strength Training Equipment
- Fitness Center Orientation (upon request)
- Basketball & Pickleball Open Gyms
- Locker Room Facilities
- Two Guest Passes Per Year



## Fitness Center (LR)

The Medinah Park District's Fitness Center is dedicated to fitness excellence with quality equipment and programs designed to offer the best value. Whether your goals are to increase overall fitness, lose weight or take on an extra challenge, we are here to provide the equipment and personnel to help you achieve those goals.

Individuals and families may join the Fitness Center on an annual or 3-month basis, or may pay a daily fee to use the facility.

We offer cardiovascular and strength equipment, personalized orientations upon request, open gym options and locker room and shower facilities.

All individuals utilizing the fitness center must wear shirts and shoes at all times. Please be sure to bring separate work out shoes for the fitness center so dirt and other debris are not tracked in. Individuals under the age of 18 must have a parent or guardian signature on the fitness center waiver in order to utilize the facility. Facility closure due to maintenance and/or special events is considered in the fee schedule.

Join the Fitness Center and get started on a healthy future!

### Medinah Park District Fitness Center Membership Pricing

| Annual Membership           | Rates     |                   | Renewal Rates*   |              |
|-----------------------------|-----------|-------------------|------------------|--------------|
|                             | Resident  | Non-Resident      | Resident         | Non-Resident |
| Individual Adult (22-54)    | \$150     | \$165             | \$130            | \$145        |
| Individual Senior (55+)     | \$100     | \$115             | \$ 80            | \$ 95        |
| Household (3+ in same home) | \$320     | \$335             | \$300            | \$315        |
| Student (14-21 years)*      | \$110     | \$125             | \$ 90            | \$105        |
| 3 Month Membership          | \$ 50     | \$ 65             |                  |              |
| Daily Rate**                | \$ 5      | \$ 7              |                  |              |
| Large Locker Rental***      | \$75/year | \$25 for 3 months | \$10 for 1 month |              |
| Small Locker Rental***      | \$40/year | \$12 for 3 months | \$5 for 1 month  |              |

**\*In order to take advantage of the discounted renewal fee, members need to renew prior to their expiration date.**

*Please inquire with front desk about Military or Corporate Memberships.*

**ID Cards** – All members will be issued a Fitness Center keytag. This will need to be presented prior to entering the fitness center. There is a \$5 replacement fee if card is lost.

Proof of residency will be required to receive resident rates. Active or retired vets must show proof to receive military membership.

\*\*All daily fee users must be 14 years and older and have a waiver signed by a guardian 18 years or older each visit. Daily fees are paid at the front desk.

\*\*\*Daily use of locker is available at no charge. Please bring your own lock and remove it when you leave the building. Medinah Park District is not responsible for lost or stolen items.

### Medinah Park District Fitness Center Equipment

#### Cardiovascular

- Life Fitness Treadmills
- Life Fitness Ellipticals
- Life Fitness Recumbent Bike
- True Fitness Functional Trainer
- Upright Bike
- Matrix Spin Bike
- Body Craft Elliptical
- Body Craft Rower

#### Strength

- Bench/Shoulder Press
- Lat Pulldown/Low Row
- Arm Curl/Tricep Extension
- Leg Extension/Leg Curl
- Leg Press/Calf Press
- Dumbbells (5 lb-50 lbs)
- Hammer Abdominal Board
- Hammer Body Weight Back Extension



## Open Gym (LR)

**Monthly Open Gym schedules are available online at [www.Medinahparks.org](http://www.Medinahparks.org)**

**Open Gym Daily Fees:** \$4/day – Residents  
\$6/day – Non-Residents

#### Open Gym Annual Membership Pass

An open gym annual membership pass allows a participant to use the gym during set open gym times for no additional fee. Passes are valid one year from the date of purchase.

| FEES            | Residents | Non-Residents |
|-----------------|-----------|---------------|
| Youth Ages 6-17 | \$70      | \$85          |
| Adult (18+)     | \$80      | \$95          |

**Pass must be presented upon entering facility.**

### Open Gym Rules

- All participants must sign in and fill out required information completely (clearly and legibly) before beginning play.
- **Your open gym pass must be presented in order to participate.**
- Participants under the age of 18, parents must accompany you to obtain annual membership pass.
- There is a \$5 replacement fee if pass is lost.
- Players must wear appropriate gym shoes.
- Players must demonstrate good sportsmanship.
- Offensive language will not be tolerated.
- Absolutely no gum or food in the gym.

Open Gym schedules will be posted on a monthly basis online and at the Connolly Recreation Center.

**Additional Open Gym guidelines are posted in our facility, as well as on our website at [www.Medinahparks.org](http://www.Medinahparks.org).**

### Pickleball Open Gym (LR) Ages 18+

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is two inches lower. Bring out a group of friends and give this addictive game a try! Equipment is provided. For more information about Pickleball and its rules, visit [usapa.org](http://usapa.org).

**Location** Connolly Recreation Center-Gym  
**Fee** \$3 drop in rate  
\$100 annual rate

**Day** Tue/Thu  
**Time** 9 am-12 pm





NEDSRA is a proud service of the **MEDINAH PARK DISTRICT**. Through our partnership, individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability contact NEDSRA today! All ages and ability levels are welcomed!

AVAILABLE NOW!

FALL 2026

-SPECIAL OLYMPICS  
-SOCIAL CLUBS  
-FITNESS PROGRAMS  
-SENSORY PROGRAMS  
-PROGRAMS FOR VETERANS



SCAN HERE TO VISIT OUR WEBSITE NEDSRA.ORG FOR MORE INFO!

-OVERNIGHT TRIPS  
-CAMPS  
-ADULT DAY PROGRAMS  
-COMMUNITY EVENTS  
& MUCH MORE!

1770 W. Centennial Place  
Addison, IL 60101

FOLLOW     US!

630.620.4500  
nedsra.org

### Co-operative Programs

The Medinah Park District co-ops with the following leisure service agencies to provide program opportunities for you and your family: Addison Park District, Bloomingdale Park District, Itasca Park District, Roselle Park District and the Wood Dale Park District.

### Employment Opportunities

The Medinah Park District offers a variety of part-time and seasonal positions. Individuals who are friendly, hardworking and dedicated to doing a good job are desired. You must be age 16 years or older to be considered for a position. Due to the many applications received and the limited number of positions, the District will only contact those being considered for a position. Please also consider volunteering with the Park District if not hired for a position. The Medinah Park District is an equal opportunity employer.

### Insurance Disclaimer

The Medinah Park District is committed to conducting its recreational programs and services in the safest manner possible and holds the safety of participants in the highest regard. Participants and parents registering their child in recreational programs must recognize, however, that there is an inherent risk of injury when choosing to participate in activities.

Please recognize that the Medinah Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive; therefore, each person registering themselves or a family member for a recreational program/activity should review their own medical insurance policy for coverage. It must also be noted that the absence of medical insurance coverage does not make the Medinah Park District automatically responsible for the payment of medical expenses. The Medinah Park District requires that all program participants or legal guardians sign a Liability Waiver and Release form at the time of registration.

### Program Guide Changes/ Errors Disclaimer

Due to the large amount of information available in the Medinah Park District program guide, errors and changes before and after publication may occur. While we attempt to locate and fix all errors in the proofing process, some items are missed. We apologize for any errors that may occur and will attempt to advise you of any changes as quickly as possible. Please check online for updated information.

### Program Cancellations

Programs that do not reach the advertised minimum registration number at least one week prior to the start of the program may be cancelled due to low enrollment. Participants will be notified of the cancellation as soon as possible. Full refunds will be issued for programs cancelled due to low enrollment. If a program has an advertised deadline date listed in the brochure description, the program will be cancelled after that date if minimum registration has not been reached.

### Americans with Disabilities Act

The Medinah Park District is committed to accessibility for individuals with disabilities and strives to provide equal, integrated participation in all programs, services and activities. The park district's policy is to reasonably accommodate all qualified program applicants in accordance with the Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding district ADA compliance.

To arrange for auxiliary aids or accommodations enabling individuals with disabilities to participate in park district public meetings, or to request publications in a special format (audiocassette, large print) please call 630-893-2560 or write to 22W130 Thorndale Avenue, Medinah, IL 60157.

### Parking for PreK/K, 1st/2nd Grade Soccer Field, T-ball Field

Park District PreK/K, 1st/2nd Grade Soccer and T-ball program participants and spectators should park in the Medinah Intermediate School parking lots located at the corner of Medinah Road and Thorndale Avenue. The lots provide for a short walk to the school athletic fields. These lots are located apart from the main parking lots at Thorndale Park/Connolly Recreation Center.

### Visit Our Website

The Medinah Park District's website can be located at [www.medinahparks.org](http://www.medinahparks.org). You can peruse programs, register online, review Board of Commissioners meeting minutes and agendas, download a printable registration form, find an application for employment or view our site and stay informed. If you have suggestions or ideas for our website, please contact us at 630-893-2560.

### Say Cheese!

Photos and video of participants in programs or special events and users of District facilities or parks are used in publicizing and promoting the District. All persons registering for District programs and activities or using District property thereby agree that any photograph or video recording taken by the District may be used by the District for promotional purposes. Please tell an instructor or photographer if you do not want to be photographed or video recorded.

### Athletic Field Conditions

Home game field conditions and updates for youth soccer, and baseball/softball can be attained by checking the Park District's website at [www.medinahparks.org](http://www.medinahparks.org). Please check with your coach about practice and away game cancellations.

### Inclusive Recreation Programs

In a continuing effort to meet the needs of residents with special needs, NEDSRA (see page 40) and the Medinah Park District provide inclusive recreation services. This means that individuals with disabilities can participate in programs offered by the park district. This inclusive recreation environment provides residents with disabilities greater choices for their leisure time and allows all residents to learn about one another as they participate together. Let the park district and NEDSRA know of your special needs and interests so that we can provide the support necessary for successful inclusion. By communicating your needs, the park district and NEDSRA can be prepared to provide you with appropriate services.



# Registration

3 Easy and Convenient Ways to Register

On-Line

Register via [Medinahparks.org/Register](http://Medinahparks.org/Register)

Walk-In

You may bring your registration form directly to the Registration counter at the Connolly Recreation Center, 22W130 Thorndale Avenue.

Mail-In

You may mail your registration form to the Medinah Park District, 22W130 Thorndale Avenue, Medinah, IL 60157.

## Registration Hours

Walk-In program registration will be accepted during regular Connolly Recreation Center building hours of 7:00 am-9:00 pm Monday-Thursday, 7:00 am-8:00 pm on Friday, 7:30 am-12:00 pm on Saturday.

Medinah Park District residents receive preference during program enrollment periods and may register for programs beginning July 27. Registration is taken on a first come, first serve basis.

**Resident Registration Begins: July 27**  
**Non-Resident Registration Begins: August 3**

Non-resident registration rates are 1.75 times the resident fee with the additional fee not to exceed \$15.

All registration fees must be paid at the time of registration unless noted otherwise. Persons enrolling after the start date of a program will be required to pay the entire program fee. Pro-rating of program fees will not be accepted.

## Are You a Resident?

The Medinah Park District has definitive boundaries that take in parts of Roselle (zip code 60172), Itasca (zip code 60143) and Medinah (zip code 60157). In fact, you may be a resident of the Medinah Park District and your neighbor next to you or across the street from you may not be residents of the park district.

Why is this important? Medinah Park District residents support the district by paying property taxes to the district while non-residents do not. Residents are thus afforded special privileges and benefits.

How do you know if you are a resident? If you are a property owner, look at a copy of your most recent tax bill. If the Medinah Park District is listed, you are a resident. If you rent, call us at 630-893-2560 and give us your address; we will be able to tell you if you are a resident or not.

What about those privileges and benefits? To begin, residents receive the first opportunity to register for our seasonal program offerings. Secondly, residents who register for our programs and services are charged a lower user fee than non-residents. Residents are also charged less for facility rentals. This is because residents pay taxes that support our Park District and in return we offer lower fees for services.

## Registration Fees

Cash, personal checks, money orders and VISA, MASTERCARD or DISCOVER CARD may be used to pay for Park District registration fees, membership fees or services. Checks and money orders must be made payable to the Medinah Park District.

## Class Cancellation/Changes

Most programs have a minimum and maximum number of openings. If your class is cancelled due to low enrollment, the park district will make every attempt to offer an alternative class when available or credit a family account or provide a full refund. Class decisions about cancellations are usually made seven days in advance. Please be aware that certain programs have special registration deadlines that will be listed if different than the general seven day period.

Once programs begin, individual classes may change or be cancelled due to weather and/or the instructor being ill. Every attempt will be made to make up the class; however, we cannot guarantee this as there are other programs that may conflict with us being able to provide a makeup time. Unfortunately, refunds cannot be issued if this happens.

## Minimums and Maximums

A class minimum is established to make sure that a program has enough registration support to justify holding the program. Since most instructors are paid per class period, running classes with less than the minimum of registrants would be a drain on the financial network of the Park District. A vast majority of our recreation programs are self-sufficient. If a class does not meet the minimum number of participants, it may be cancelled. In these cases, registrants will be notified. *Please see Program Cancellations on our General Information page.*

Maximum numbers are established to maintain the safety and quality of a program. We keep student/instructor ratios low to insure you get what you pay for; a higher quality program. Room capacity and ratios are primary considerations for the maximum number listed.

## Waiver Forms Required

A signature is required on the waiver portion of all registrations. Please read the waiver in full before signing. Registrations cannot be processed without the waiver signed.

## Return Check Policy

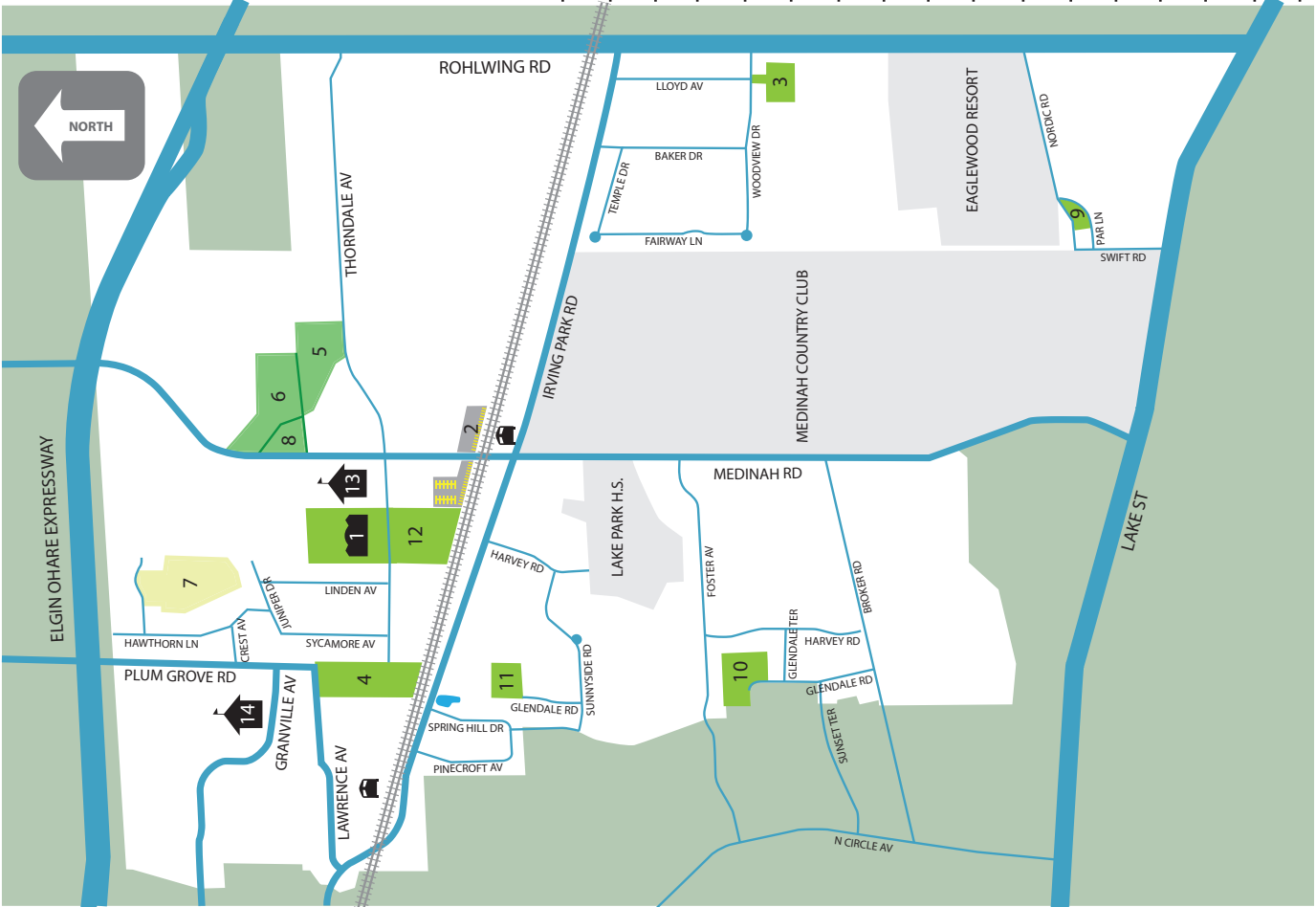
We gladly accept personal checks as payment for registration fees. If, for any reason, a check is returned to our office marked "NSF" we will contact you. You will be required to submit a full cash payment, as well as the current bank service charge, in order to maintain your registration in your particular program of interest. Class privileges will be suspended and new registration will not be accepted until payment is received.

## Refund Policy

Refunds for programs will not be made once a program has begun unless the program is cancelled by the Park District, the participant moves from the district or the participant provides a medical document from his/her physician. Trip refunds will not be made after the registration deadline unless the ticket can be resold.

An administrative fee of \$5.00 will be charged for any refund request except when a program is cancelled by the Medinah Park District. In addition, a refund will be prorated if any classes were attended. Refunds can take up to 4 weeks to process.

|                                                    | Rentals | Playground | Trails | Ball Fields | Tennis Courts/Pickleball | Soccer Fields | Sled Hill | Ice Skating | Sand Volleyball | Basketball Courts | Shelter | Picnic Tables | Nature Area | Restrooms | Parking Lot | Pond | Acres |
|----------------------------------------------------|---------|------------|--------|-------------|--------------------------|---------------|-----------|-------------|-----------------|-------------------|---------|---------------|-------------|-----------|-------------|------|-------|
| <b>Facilities</b>                                  |         |            |        |             |                          |               |           |             |                 |                   |         |               |             |           |             |      |       |
| 1.....Connolly Recreation Center                   | x       |            |        |             |                          |               |           |             |                 | x                 |         |               |             | x         | x           |      |       |
| 2.....Commuter Parking Lots                        |         |            |        |             |                          |               |           |             |                 |                   |         |               |             |           | x           |      |       |
| <b>Park Sites</b>                                  |         |            |        |             |                          |               |           |             |                 |                   |         |               |             |           |             |      |       |
| 3.....Goodenough Park (Lloyd & Woodview)           |         | x          | x      |             | 1/1                      |               |           |             |                 | x                 |         |               |             |           |             |      | 3.5   |
| 4.....Manary Park (Lawrence & Plum Grove)          | x       | x          | x      | 1           |                          | 1             |           |             |                 |                   | x       | x             |             |           | x           | x    | 12    |
| 5.....Meacham Creek Park (Thorndale Ave.)          |         |            | x      |             |                          |               |           |             |                 |                   |         | x             | x           |           | x           |      | 12    |
| 6.....Meacham Wildlife Preserve (Medinah Rd)       |         |            |        |             |                          |               |           |             |                 |                   |         |               | x           |           |             |      | 16    |
| 7.....Michaels/McClure Wetland                     |         |            |        |             |                          |               |           |             |                 |                   |         |               | x           |           |             |      | 15    |
| 8.....Natasha Brandt Nature Preserve               |         |            |        |             |                          |               |           |             |                 |                   |         |               | x           |           |             |      | 4     |
| 9.....Nordic Park (Fairway and Nordic)             |         | x          |        |             | 2                        |               |           |             |                 |                   | x       |               |             |           | x           |      | 2.5   |
| 10.....Riha Park (Glendale..N of Sunset)           | x       | x          | x      | 1           |                          | x             |           |             |                 |                   | x       | x             |             |           | x           | x    | 7     |
| 11..Springhill Park (Glendale – N of Sunnyside)    | x       | x          |        | 1/1         |                          |               |           |             |                 |                   | x       | x             |             |           | x           |      | 3     |
| 12.....Thorndale Park (Thorndale Ave.)<br>*lighted | x       | 2          | x      | 5/*2        | *4                       |               | x         | x           | x               |                   | x       | x             |             | x         | x           |      | 30    |
| <b>School Sites</b>                                |         |            |        |             |                          |               |           |             |                 |                   |         |               |             |           |             |      |       |
| 13...Medinah Intermediate School (Medinah Rd.)     |         | x          |        | 2           |                          | x             |           |             |                 |                   |         |               |             |           | x           |      |       |
| 14.....Medinah Middle School (Granville Ave.)      |         |            |        |             |                          | 2             |           |             |                 |                   |         |               |             |           | x           |      |       |



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